

PZLA MISTRZOSTWA POLSKI W WIELOBOJACH I SZTAFETACH KRAKÓW, 8-9 CZERWCA 2019

MĘŻCZYŹNI/MEN

100 metrów mężczyzn (PK)

| Bieg 1/ 2 | -0.1 m/s | | 11:20 | |
|-----------|---------------------|----------|--------------------------|----------|
| 1 | STAŚKIEWICZ Dominik | 93-04-05 | AZS-AWF Warszawa | MZ 10.96 |
| 2 | KUFEL Maksymilian | 02-08-28 | KU AZS PWSZ w Tarnowie | MA 11.55 |
| 3 | WAŁASZEK Nikodem | 03-01-12 | KU AZS PWSZ w Tarnowie | MA 11.56 |
| 4 | SOLECKI Mikołaj | 01-04-11 | KS AZS AWF Kraków | MA 11.66 |
| 5 | KOROŚ Wojciech | 02-05-05 | KS SMS Szklarska Poręba | DS 12.15 |
| | BURKIEWICZ Eryk | 03-06-26 | UKS Tiki-Taka Kolbuszowa | PK DNS |

| Bieg 2/ 2 | +0.5 m/s | | 11:27 | |
|-----------|---------------------|----------|-------------------|-------------|
| 1 | ŻAK Łukasz | 97-05-31 | KS AZS AWF Kraków | MA 10.50 PB |
| 2 | BRZEZIŃSKI Maciej | 93-03-27 | KS AZS AWF Kraków | MA 10.77 SB |
| 3 | CHOJNOWSKI Kamil | 00-03-14 | KS AZS AWF Kraków | MA 11.17 |
| 4 | GŁĘBOCKI Jan | 01-04-09 | AZS-AWF Warszawa | MZ 11.19 YC |
| 5 | KILJAN Krzysztof | 99-12-30 | AZS-AWF Warszawa | MZ 11.21 PB |
| 6 | LIŚKIEWICZ Zbigniew | 00-09-17 | KS AZS AWF Kraków | MA 11.51 |
| | GÓRNY Mateusz | 02-08-29 | BKL Bełchatów | LD DNF |

400 metrów mężczyzn (PK)

| Bieg 1/ 2 | | | 20:03 | |
|-----------|------------------|----------|------------------------|-------------|
| 1 | GWIAZDOŃ Paweł | 91-09-03 | AZS-AWF Katowice | SL 49.81 |
| 2 | MROCZEK Adam | 99-12-21 | AZS Łódź | LD 50.19 |
| 3 | SIERADZAN Tomasz | 93-04-20 | KS AZS AWF Wrocław | DS 50.53 SB |
| 4 | JEWUŁA Mateusz | 98-07-23 | KU AZS PWSZ w Tarnowie | MA 50.83 PB |
| 5 | KAWALER Wojciech | 98-01-05 | KS AZS AWF Wrocław | DS 51.01 |
| 6 | LEWANDOWSKI Jan | 02-08-01 | WLKS Wrocław | DS 51.97 |
| 7 | KOGUT Andrzej | 01-01-01 | WLKS Wrocław | DS 52.51 |

| Bieg 2/ 2 | | | 20:07 | |
|-----------|-------------------|----------|--------------------|-------------|
| 1 | AMBROŹY Kacper | 96-02-21 | KS AZS AWF Wrocław | DS 48.58 PB |
| 2 | WÓJCIK Mateusz | 98-08-07 | AZS Łódź | LD 48.67 PB |
| 3 | BUCH Natan | 95-11-06 | AZS Łódź | LD 49.62 SB |
| 4 | PAŹDZIERZ Adam | 00-09-11 | AZS-AWF Katowice | SL 50.16 |
| 5 | STOPA Artur | 99-09-23 | KS AZS AWF Wrocław | DS 50.22 |
| 6 | JASIEŃCZUK Szymon | 00-12-12 | KKL Kielce | SK 50.65 SB |
| 7 | SYCH Tomasz | 97-04-20 | AZS Łódź | LD 51.17 |

4x200 metrów mężczyzn

| Bieg 1/ 1 | | | 17:13 | |
|-----------|-------------------------|-------------------------|-------|---------|
| 1 | | AZS UMCS Lublin | LU | 1:26.39 |
| | 122 Cezary MIROŚŁAW | 97-05-08 | | |
| | 121 Andrzej JAROS | 90-07-19 | | |
| | 120 Michał JABRZYŃSKI | 94-08-20 | | |
| | 119 Maciej HOŁUB | 98-01-30 | | |
| 2 | | AZS-AWF Warszawa | MZ | 1:26.81 |
| | 232 Dominik STAŚKIEWICZ | 93-04-05 | | |
| | 217 Krzysztof KILJAN | 99-12-30 | | |
| | 216 Jan GŁĘBOCKI | 01-04-09 | | |
| | 233 Wiktor SUWARA | 96-07-24 | | |
| 3 | | KS AZS AWF Kraków | MA | 1:27.40 |
| | 274 Maciej BRZEZIŃSKI | 93-03-27 | | |
| | 280 Jakub JANIAK | 96-12-18 | | |
| | 281 Mariusz JURCZYK | 96-01-10 | | |
| | 306 Łukasz ŻAK | 97-05-31 | | |
| 4 | | AZS Łódź | LD | 1:27.97 |
| | 144 Jakub LEWANDOWSKI | 00-09-17 | | |
| | 145 Adam MROCZEK | 99-12-21 | | |
| | 143 Natan BUCH | 95-11-06 | | |
| | 148 Mateusz WÓJCIK | 98-08-07 | | |
| 5 | | KS Cracovia 1906 Kraków | MA | 1:37.33 |
| | 309 Arkadiusz GRABOWSKI | 02-07-01 | | |

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|---------------------------|---------------------------|----------------------------|----|---------|---------|
| | 316 Dawid WOJDYŁA | 02-08-19 | | | |
| | 601 Krzysztof KAPUSTA | 99-06-17 | | | |
| | 312 Maksymilian PALARCZYK | 03-05-12 | | | |
| 6 | | MUKS Park Zduńska Wola | LD | 1:45.75 | |
| | 177 Wiktor GLINKOWSKI | 05-02-03 | | | |
| | 181 Wojciech PAWELEC | 04-02-06 | | | |
| | 183 Maciej SZEWCZYK | 04-01-23 | | | |
| | 179 Adam ŁUKOMSKI | 01-09-06 | | | |
| 4x100 metrów M U16 | | | | | |
| Bieg 1/ 2 | | | | 14:51 | |
| 1 | | LKS Stal Mielec | PK | 45.65 | SB |
| | 401 Daniel KAMIŃSKI | 05-01-28 | | | |
| | 403 Jakub RÓG | 04-08-22 | | | |
| | 406 Tymon SZYLER | 04-02-21 | | | |
| | 402 Mateusz MOLEK | 04-07-20 | | | |
| 2 | | MKS-MOS Płomieni Sosnowiec | SL | 45.69 | SB |
| | 501 Piotr MLECZEK | 05-02-21 | | | |
| | 504 Jan WIECZOREK | 04-04-17 | | | |
| | 498 Łukasz DERES | 05-04-08 | | | |
| | 499 Seweryn HAJDUK | 04-07-29 | | | |
| 3 | | MUKL Brodnica | KP | 46.77 | SB #112 |
| | 112 Mikołaj RUMIŃSKI | 04-02-21 | | | |
| | 111 Maciej PANKOWSKI | 04-03-01 | | | |
| | 109 Maciej KRYSZPIN | 05-08-03 | | | |
| | 110 Dawid PAŁKOWSKI | 04-09-18 | | | |
| 4 | | SKS Kusy Kraków | MA | 47.82 | |
| | 344 Szymon DONIEC | 04-03-10 | | | |
| | 348 Jakub WOZIWOZKI | 04-05-18 | | | |
| | 347 Alan SUDER | 04-11-23 | | | |
| | 343 Bartosz BANACHOWICZ | 04-09-20 | | | |
| 5 | | MMKS Kędzierzyn Koźle | OP | 47.88 | |
| | 390 Tomasz ZAWADKA | 04-01-07 | | | |
| | 388 Tobiasz MAZUR | 04-12-28 | | | |
| | 387 Marcin KAŁWAK | 04-04-29 | | | |
| | 389 Dominik WIŚNIEWSKI | 04-03-03 | | | |
| 6 | | UKS Tempo 5 Przemysł | PK | 50.67 | |
| | 415 Emanuel CZUBA | 05-04-24 | | | |
| | 416 Błażej PILAWA | 05-06-03 | | | |
| | 414 Dominik BUDZIŃSKI | 05-04-02 | | | |
| | 413 Jakub ARTYM | 04-06-07 | | | |
| Bieg 2/ 2 | | | | 14:58 | |
| 1 | | AML Słupsk | PM | 44.06 | SB |
| | 437 Kacper KOZACZUK | 04-06-16 | | | |
| | 461 Kacper KASPRZYK | 05-01-20 | | | |
| | 435 Oliwier KOŁODZIEJSKI | 05-01-15 | | | |
| | 440 Marek ZAKRZEWSKI | 05-12-18 | | | |
| 2 | | TS Wieliczanka Wieliczka | MA | 44.58 | SB |
| | 338 Maciej SŁOWIK | 04-02-25 | | | |
| | 354 Michał JANECZEK | 04-07-31 | | | |
| | 351 Oskar BYDOŃ | 04-01-02 | | | |
| | 366 Damian WÓJCIK | 04-03-05 | | | |
| 3 | | KS Stal LA Ostrów Wlkp. | WP | 45.12 | SB |
| | 534 Piotr STOJANOWSKI | 04-10-22 | | | |
| | 535 Kacper ZIMNIAK | 04-04-19 | | | |
| | 532 Jakub ROBOTNIKOWSKI | 04-05-11 | | | |
| | 527 Michał JOPEK | 05-07-28 | | | |
| 4 | | AZS-AWFis Gdańsk | PM | 45.79 | SB |
| | 441 Kacper KORYCIŃSKI | 04-04-04 | | | |
| | 445 Oliwier PISKULSKI | 04-01-31 | | | |
| | 446 Bartosz SMOLNICKI | 04-10-07 | | | |
| | 443 Michał ŁOWICKI | 04-10-03 | | | |
| 5 | | GKS Start Długofęka | DS | 45.82 | SB |
| | 22 Bartłomiej SKRZEK | 05-03-25 | | | |
| | 23 Kamil SZEWCZYK | 04-06-17 | | | |
| | 18 Kacper BIAŁEK | 04-11-15 | | | |
| | 20 Jan GONKIEWICZ | 05-06-28 | | | |
| | | AML Słupsk II | PM | DQ | 170.7 |
| | 436 Jakub KOZACZUK | 04-06-16 | | | |
| | 434 Jan GOSTOMCZYK | 05-01-03 | | | |

438 Kamil KUCZEROWSKI 05-06-08
439 Michał WOJTKOWIAK 05-02-08

4x200 metrów M U20

Bieg 1/ 1

| | | | | 16:38 | | |
|---|-------------------------|---------------------------|----|---------|-------|--|
| 1 | | CWZS Zawisza Bydgoszcz SL | KP | 1:28.84 | | |
| | 96 Adrian TRZÓŚŁO | 01-10-08 | | | | |
| | 93 Ryszard PIASECKI | 01-09-29 | | | | |
| | 99 Damian ŻYGOWSKI | 01-04-06 | | | | |
| | 90 Jędrzej KSEPKA | 01-04-19 | | | | |
| 2 | | AKL Ursynów Warszawa | MZ | 1:30.03 | | |
| | 200 Franciszek CHUDAK | 01-12-03 | | | | |
| | 201 Mikołaj GARSTECKI | 00-11-28 | | | | |
| | 207 Stanisław ZIELIŃSKI | 01-10-14 | | | | |
| | 204 Dominik PRZYŻECKI | 01-01-17 | | | | |
| 3 | | KS AZS AWF Kraków | MA | 1:31.84 | | |
| | 294 Jakub SAMEL | 01-01-23 | | | | |
| | 299 Mikołaj SOLECKI | 01-04-11 | | | | |
| | 275 Kamil CHOJNOWSKI | 00-03-14 | | | | |
| | 288 Zbigniew LIŚKIEWICZ | 00-09-17 | | | | |
| | | KS Agros Zamość | LU | DQ | 170.7 | |
| | 132 Kamil WÓJCICKI | 00-10-19 | | | | |
| | 126 Mateusz JAKÓBCZYK | 00-11-17 | | | | |
| | 127 Marcin JANIK | 01-01-24 | | | | |
| | 128 Konstanty ŁUKASZEK | 00-04-24 | | | | |
| | | MKS MOS Wrocław | DS | DQ | 170.7 | |
| | 606 Anton ALEKSIAYUK | 01-10-30 | | | | |
| | 61 Adam MAKOWSKI | 00-12-13 | | | | |
| | 56 Paweł BUGAJSKI | 01-02-26 | | | | |
| | 65 Szymon SZACHNIEWICZ | 01-05-26 | | | | |

Sztafeta szwedzka (100-200-300-400) M U18

Bieg 1/ 1

| | | | | 16:11 | | |
|---|------------------------|-----------------|----|---------|--|--|
| 1 | | Łódzkie | LD | 1:56.85 | | |
| | 150 Mateusz GÓRNY | 02-08-29 | | | | |
| | 158 Piotr PĘCZEK | 02-02-22 | | | | |
| | 160 Mateusz TURAJ | 02-02-18 | | | | |
| | 159 Jakub SZCZEPANIAK | 03-01-29 | | | | |
| 2 | | Małopolskie | MA | 1:57.00 | | |
| | 341 Nikodem WAŁASZEK | 03-01-12 | | | | |
| | 372 Jakub PIETRUSA | 02-02-09 | | | | |
| | 319 Jakub BAKALARZ | 02-01-21 | | | | |
| | 374 Maciej SIKORA | 03-08-03 | | | | |
| 3 | | Dolnośląskie II | DS | 1:57.56 | | |
| | 13 Andrzej TABORSKI | 03-04-24 | | | | |
| | 15 Mateusz WISZNIOWSKI | 02-07-29 | | | | |
| | 3 Wiktor GRUZD | 02-06-30 | | | | |
| | 14 Miłosz WIECZOREK | 03-02-27 | | | | |
| 4 | | Dolnośląskie | DS | 1:57.73 | | |
| | 80 Jan LEWANDOWSKI | 02-08-01 | | | | |
| | 7 Szymon KUCHARCZYŃSKI | 02-03-20 | | | | |
| | 75 Mateusz GRĄBCZEWSKI | 02-03-25 | | | | |
| | 6 Piotr KRĘCZEWSKI | 02-07-07 | | | | |
| 5 | | Łódzkie II | LD | 1:59.36 | | |
| | 153 Kacper KRÓLIKOWSKI | 02-05-18 | | | | |
| | 151 Maciej JOŃCZYK | 02-01-05 | | | | |
| | 157 Mateusz NAPIERAJ | 03-05-09 | | | | |
| | 161 Kacper WOŚKO | 03-02-21 | | | | |
| 6 | | Małopolskie II | MA | 2:07.76 | | |
| | 323 Wojciech GALIK | 02-04-10 | | | | |
| | 327 Maciej KOPEĆ | 02-07-29 | | | | |
| | 324 Jakub GORCZYCA | 02-03-31 | | | | |
| | 328 Maksymilian KUFEL | 02-08-28 | | | | |

Sztafeta szwedzka (100-200-300-400) M U16

Bieg 1/ 1

| | | | | 15:28 | | |
|---|-----------------------|-----------|----|---------|--|--|
| 1 | | Pomorskie | PM | 2:03.34 | | |
| | 440 Marek ZAKRZEWSKI | 05-12-18 | | | | |
| | 461 Kacper KASPRZYK | 05-01-20 | | | | |
| | 443 Michał ŁOWICKI | 04-10-03 | | | | |
| | 466 Miłosz WESOŁOWSKI | 04-05-15 | | | | |

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|------------------------------|-------------------------|--------------------|-------------------------------|--------------|-------|--------|
| 2 | | Podkarpackie | PK | 2:03.98 | | |
| 414 | Dominik BUDZIŃSKI | 05-04-02 | | | | |
| 402 | Mateusz MOLEK | 04-07-20 | | | | |
| 416 | Błażej PILAWA | 05-06-03 | | | | |
| 409 | Mateusz KOCHMAŃSKI | 05-06-12 | | | | |
| 3 | | Małopolskie | MA | 2:04.17 | | |
| 332 | Jakub PIETRUSA | 05-02-18 | | | | |
| 366 | Damian WÓJCIK | 04-03-05 | | | | |
| 338 | Maciej SŁOWIK | 04-02-25 | | | | |
| 331 | Rafał OŻÓG | 04-03-18 | | | | |
| 4 | | Kujawsko-Pomorskie | KP | 2:05.98 | | |
| 112 | Mikołaj RUMIŃSKI | 04-02-21 | | | | |
| 116 | Mateusz GLAZA | 04-08-16 | | | | |
| 110 | Dawid PAŁKOWSKI | 04-09-18 | | | | |
| 101 | Damian KAROW | 04-02-12 | | | | |
| 5 | | Dolnośląskie | DS | 2:12.70 | | |
| 18 | Kacper BIAŁEK | 04-11-15 | | | | |
| 11 | Jan ROGALA | 04-06-25 | | | | |
| 12 | Hugo SADŁOWSKI | 04-02-14 | | | | |
| 20 | Jan GONKIEWICZ | 05-06-28 | | | | |
| 100 m M (10bój) | | | | | | |
| Bieg 1/ 2 | | -0.3 m/s | | 10:30 | | |
| 1 | HORBOWICZ Rafał | 98-04-01 | KS Warszawianka W-wa | MZ | 11.38 | PB 778 |
| 2 | KRAWCZYK Michał | 92-09-08 | AZS-AWF Warszawa | MZ | 11.46 | 761 |
| 3 | OLBIŃSKI Adrian | 97-07-29 | UMKS Iskra Wolsztyn | WP | 12.22 | SB 608 |
| 4 | FRYŚNY Artur | 98-06-12 | UMKS Iskra Wolsztyn | WP | 12.56 | 545 |
| 5 | PITER Marcin | 97-03-06 | UMKS Iskra Wolsztyn | WP | 12.58 | 541 |
| | DOMAŃSKI Emil | 99-06-09 | KS Gwardia Piła | WP | DNF | |
| Bieg 2/ 2 | | +0.2 m/s | | 10:36 | | |
| 1 | WIESIOŁEK Paweł | 91-08-13 | KS Warszawianka W-wa | MZ | 10.87 | 890 |
| 2 | DZIUBA Szymon | 99-10-20 | AZS-AWF Warszawa | MZ | 11.05 | SB 850 |
| 3 | CHOCHOROWSKI Jacek | 96-09-18 | AZS KU Politechniki Opolskiej | OP | 11.25 | SB 806 |
| 4 | JAKÓBCZAK Mikołaj | 98-05-30 | KS AZS AWF Wrocław | DS | 11.33 | 789 |
| 5 | BASAŁYGO Paweł | 95-06-10 | AZS KU Politechniki Opolskiej | OP | 11.38 | 778 |
| 6 | MIARA Krzysztof | 94-06-11 | AZS-AWF Warszawa | MZ | 11.39 | SB 776 |
| 100 m M U20 (10bój) | | | | | | |
| Bieg 1/ 2 | | +0.5 m/s | | 10:49 | | |
| 1 | KASZCZYC Kornel | 00-04-11 | MKS Osa Zgorzelec | DS | 11.95 | 661 |
| 2 | SIKORA Jakub | 01-10-09 | LUKS Namysłów | OP | 12.08 | PB 635 |
| 3 | RYBARCZYK Paweł | 01-01-15 | MKLA Łęczycza | LD | 12.37 | PB 580 |
| 4 | ŁOPATA Krzysztof | 01-06-03 | AZS-AWFIS Gdańsk | PM | 12.40 | PB 574 |
| 5 | WROCZYŃSKI Piotr | 01-02-05 | MLKS Agros Żary | LB | 12.48 | PB 560 |
| 6 | KACZOR Karol | 01-03-20 | MKS Szerszeń Bogatynia | DS | 12.70 | 520 |
| 7 | RAKOCZY Kamil | 01-06-25 | MKS Osa Zgorzelec | DS | 12.86 | 492 |
| Bieg 2/ 2 | | +0.3 m/s | | 10:57 | | |
| 1 | JASTRZĘBSKI Kacper | 00-07-27 | LKS Orkan Ostrzeszów | WP | 11.09 | 841 |
| 2 | ŚWIERGOCKI Eryk | 01-10-26 | LKLA Krokus Astromal Leszno | WP | 11.37 | PB 780 |
| 3 | KŁOSIŃSKI Szymon | 01-06-19 | MKLA Łęczycza | LD | 11.60 | PB 732 |
| 4 | GAPIŃSKI Mikołaj | 01-05-27 | MKS Bolesławia Bolesławiec | DS | 11.63 | PB 725 |
| 5 | PITER Damian | 00-04-20 | UMKS Iskra Wolsztyn | WP | 11.66 | 719 |
| 6 | KARABAN Jakub | 00-06-24 | MKS Bolesławia Bolesławiec | DS | 11.69 | PB 713 |
| 7 | SOMMER Paweł | 01-02-27 | AZS-AWFIS Gdańsk | PM | 13.33 | 413 |
| 110 m pł M U16 (5bój) | | | | | | |
| Bieg 1/ 2 | | -0.9 m/s | | 12:24 | | |
| 1 | ROBAKOWSKI Dawid | 04-06-23 | UKS Skoczek Władysławów | WP | 16.32 | PB 697 |
| 2 | WOLIŃSKI Stanisław | 04-08-10 | MKS MOS Wrocław | DS | 16.87 | PB 638 |
| 3 | FEISTER Błażej | 04-02-21 | LLKS Ziemi Kociewskiej Skórcz | PM | 17.37 | PB 586 |
| 4 | ORGANISTA Wiktor | 04-02-26 | STS Pomerania Szczecin | ZP | 17.51 | PB 572 |
| 5 | KAŁWAK Marcin | 04-04-29 | MMKS Kędzierzyn Koźle | OP | 17.73 | SB 550 |
| 6 | WIŚNIEWSKI Dominik | 04-03-03 | MMKS Kędzierzyn Koźle | OP | 17.88 | 536 |
| 7 | MAZUR Tobiasz | 04-12-28 | MMKS Kędzierzyn Koźle | OP | 18.32 | 494 |
| Bieg 2/ 2 | | -1.3 m/s | | 12:29 | | |
| 1 | BARTŁOMIEJCZYK Radosław | 04-04-07 | CKS Budowlani Częstochowa | SL | 15.52 | 788 |
| 2 | JUNG Marcin | 04-03-19 | MLKS Agros Żary | LB | 15.63 | 775 |

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|-------------------|----------|-------------------------|----|-------|----|-----|
| 3 KAMIONEK Patryk | 04-12-24 | UKS LA Basket Warszawa | MZ | 15.80 | PB | 755 |
| 4 MILCZUK Jakub | 04-03-27 | UKS Skoczek Władysławów | WP | 15.80 | PB | 755 |
| 5 KULUS Albert | 04-01-22 | UMKS Iskra Wolsztyn | WP | 16.01 | PB | 732 |
| 6 GLAZA Mateusz | 04-08-16 | UKS Czapla Białe Błota | KP | 16.02 | | 730 |
| 7 JERCHA Michał | 04-03-09 | MKLA Łęczycza | LD | 16.25 | | 705 |

Skok w dal M (10bój)

| | | | | | | |
|----------------------|----------|-------------------------------|----|-------|-----|-----|
| | | | | 12:11 | | |
| 1 WIESIOŁEK Paweł | 91-08-13 | KS Warszawianka W-wa | MZ | 7.46 | SB | 925 |
| 2 CHOCHOROWSKI Jacek | 96-09-18 | AZS KU Politechniki Opolskiej | OP | 7.43 | PB | 918 |
| 3 BASAŁYGO Paweł | 95-06-10 | AZS KU Politechniki Opolskiej | OP | 7.22 | SB | 866 |
| 4 HORBOWICZ Rafał | 98-04-01 | KS Warszawianka W-wa | MZ | 7.12 | PB | 842 |
| 5 DZIUBA Szymon | 99-10-20 | AZS-AWF Warszawa | MZ | 6.90 | SB | 790 |
| 6 MIARA Krzysztof | 94-06-11 | AZS-AWF Warszawa | MZ | 6.90 | SB | 790 |
| 7 KRAWCZYK Michał | 92-09-08 | AZS-AWF Warszawa | MZ | 6.48 | SB | 693 |
| 8 JAKÓBCZAK Mikołaj | 98-05-30 | KS AZS AWF Wrocław | DS | 6.26 | | 644 |
| 9 OLBIŃSKI Adrian | 97-07-29 | UMKS Iskra Wolsztyn | WP | 5.82 | | 548 |
| 10 FRYŚNY Artur | 98-06-12 | UMKS Iskra Wolsztyn | WP | 5.51 | | 483 |
| 11 PITER Marcin | 97-03-06 | UMKS Iskra Wolsztyn | WP | 5.19 | | 419 |
| DOMAŃSKI Emil | 99-06-09 | KS Gwardia Piła | WP | NM | U23 | |

| | I | II | III |
|--------------------|------|------|------|
| WIESIOŁEK Paweł | 7.46 | 7.33 | x |
| | -1.1 | +0.5 | -0.7 |
| CHOCHOROWSKI Jacek | x | 7.43 | 7.28 |
| | -0.2 | +0.5 | -1.1 |
| BASAŁYGO Paweł | 6.68 | 7.22 | 7.06 |
| | +0.5 | -0.3 | -0.7 |
| HORBOWICZ Rafał | 6.85 | 7.12 | 7.11 |
| | -0.5 | +0.2 | -0.3 |
| DZIUBA Szymon | 6.80 | 6.89 | 6.90 |
| | +0.5 | -0.1 | -0.3 |
| MIARA Krzysztof | 6.67 | 6.88 | 6.90 |
| | -0.6 | +0.4 | -0.1 |
| KRAWCZYK Michał | 6.45 | 6.46 | 6.48 |
| | -1.1 | +0.8 | +0.1 |
| JAKÓBCZAK Mikołaj | 6.26 | r | |
| | -0.3 | | |
| OLBIŃSKI Adrian | 5.82 | x | r |
| | +0.6 | +0.3 | |
| FRYŚNY Artur | 5.51 | x | 5.08 |
| | -0.9 | -0.4 | +0.1 |
| PITER Marcin | x | 5.18 | 5.19 |
| | -1.0 | +0.4 | -0.5 |
| DOMAŃSKI Emil | x | r | |
| | 0.0 | | |

Skok w dal M U20 (10bój)

| | | | | | | |
|----------------------|----------|-----------------------------|----|-------|----|-----|
| | | | | 12:47 | | |
| 1 JASTRZĘBSKI Kacper | 00-07-27 | LKS Orkan Ostrzeszów | WP | 6.70 | PB | 743 |
| 2 RYBARCZYK Paweł | 01-01-15 | MKLA Łęczycza | LD | 6.22 | PB | 635 |
| 3 KASZCZYC Kornel | 00-04-11 | MKS Osa Zgorzelec | DS | 6.20 | PB | 630 |
| 4 PITER Damian | 00-04-20 | UMKS Iskra Wolsztyn | WP | 6.08 | | 604 |
| 5 KŁOSIŃSKI Szymon | 01-06-19 | MKLA Łęczycza | LD | 6.01 | PB | 589 |
| 6 ŚWIERGOCKI Eryk | 01-10-26 | LKLA Krokus Astromal Leszno | WP | 5.97 | | 580 |
| 7 SIKORA Jakub | 01-10-09 | LUKS Namysłów | OP | 5.97 | | 580 |
| 8 KARABAN Jakub | 00-06-24 | MKS Bolesłavia Bolesławiec | DS | 5.77 | | 537 |
| 9 GAPIŃSKI Mikołaj | 01-05-27 | MKS Bolesłavia Bolesławiec | DS | 5.64 | | 510 |
| 10 KACZOR Karol | 01-03-20 | MKS Szerszeń Bogatynia | DS | 5.48 | | 477 |
| 11 ŁOPATA Krzysztof | 01-06-03 | AZS-AWFis Gdańsk | PM | 5.41 | | 463 |
| 12 WROCZYŃSKI Piotr | 01-02-05 | MLKS Agros Żary | LB | 5.22 | | 425 |
| 13 SOMMER Paweł | 01-02-27 | AZS-AWFis Gdańsk | PM | 5.14 | | 409 |
| 14 RAKOCZY Kamil | 01-06-25 | MKS Osa Zgorzelec | DS | 4.79 | | 343 |

| | I | II | III |
|--------------------|------|------|------|
| JASTRZĘBSKI Kacper | 6.30 | 6.70 | 6.51 |
| | -0.5 | -0.8 | -1.8 |
| RYBARCZYK Paweł | 5.60 | 6.22 | 5.79 |
| | +0.5 | -1.2 | +0.2 |
| KASZCZYC Kornel | 6.20 | 6.04 | 5.92 |
| | +0.4 | -0.3 | -1.0 |

| | | | |
|------------------|------|------|------|
| PITER Damian | 6.05 | 6.08 | r |
| | -0.3 | -2.7 | |
| KŁOSIŃSKI Szymon | 5.85 | 6.01 | 5.91 |
| | -1.2 | -1.5 | -1.3 |
| ŚWIERGOCKI Eryk | 5.97 | 5.75 | 5.88 |
| | -0.6 | -1.2 | -2.4 |
| SIKORA Jakub | 5.97 | 5.47 | 5.64 |
| | -1.3 | +0.7 | -2.3 |
| KARABAN Jakub | 5.69 | 5.40 | 5.77 |
| | 0.0 | 0.0 | +0.4 |
| GAPIŃSKI Mikołaj | 5.44 | 5.64 | 5.58 |
| | -0.7 | -0.3 | 0.0 |
| KACZOR Karol | 5.24 | 5.42 | 5.48 |
| | +0.9 | -0.6 | -0.6 |
| ŁOPATA Krzysztof | 5.41 | 5.32 | 5.26 |
| | +0.1 | -0.6 | -0.6 |
| WROCZYŃSKI Piotr | x | 5.00 | 5.22 |
| | -0.8 | 0.0 | +0.1 |
| SOMMER Paweł | 5.14 | r | |
| | -0.4 | | |
| RAKOCZY Kamil | 4.43 | 4.79 | 4.32 |
| | -0.2 | -1.8 | -1.5 |

Skok w dal M U16 (5bój)

14:05

| | | | | | | | |
|----|-------------------------|----------|-------------------------------|----|------|----|-----|
| 1 | JUNG Marcin | 04-03-19 | MLKS Agros Żary | LB | 5.89 | SB | 563 |
| 2 | WOLIŃSKI Stanisław | 04-08-10 | MKS MOS Wrocław | DS | 5.88 | PB | 561 |
| 3 | BARTŁOMIEJCZYK Radosław | 04-04-07 | CKS Budowlani Częstochowa | SL | 5.77 | PB | 537 |
| 4 | ROBAKOWSKI Dawid | 04-06-23 | UKS Skoczek Władysławów | WP | 5.76 | | 535 |
| 5 | KAMIONEK Patryk | 04-12-24 | UKS LA Basket Warszawa | MZ | 5.73 | PB | 529 |
| 6 | KĄŁWAK Marcin | 04-04-29 | MMKS Kędzierzyn Koźle | OP | 5.72 | | 527 |
| 7 | KULUS Albert | 04-01-22 | UMKS Iskra Wolsztyn | WP | 5.49 | PB | 479 |
| 8 | ORGANISTA Wiktor | 04-02-26 | STS Pomerania Szczecin | ZP | 5.37 | | 455 |
| 9 | GLAZA Mateusz | 04-08-16 | UKS Czapla Białe Błota | KP | 5.36 | | 453 |
| 10 | FEISTER Błazej | 04-02-21 | LLKS Ziemi Kociewskiej Skórcz | PM | 5.26 | | 433 |
| 11 | JERCHA Michał | 04-03-09 | MKLA Łęczycza | LD | 5.24 | | 429 |
| 12 | MILCZUK Jakub | 04-03-27 | UKS Skoczek Władysławów | WP | 4.98 | | 378 |
| 13 | MAZUR Tobiasz | 04-12-28 | MMKS Kędzierzyn Koźle | OP | 4.87 | | 358 |
| 14 | WIŚNIEWSKI Dominik | 04-03-03 | MMKS Kędzierzyn Koźle | OP | 4.79 | | 343 |

| | | | |
|-------------------------|------|------|------|
| | I | II | III |
| JUNG Marcin | x | 5.65 | 5.89 |
| | -0.6 | +0.6 | +1.1 |
| WOLIŃSKI Stanisław | 5.74 | 5.88 | 5.74 |
| | +0.5 | +0.1 | +0.8 |
| BARTŁOMIEJCZYK Radosław | 5.77 | 4.62 | 5.24 |
| | -0.1 | +0.2 | +1.0 |
| ROBAKOWSKI Dawid | 5.65 | 5.75 | 5.76 |
| | -1.1 | +1.1 | +1.1 |
| KAMIONEK Patryk | 5.41 | 5.73 | 5.29 |
| | +0.5 | -0.1 | -0.2 |
| KĄŁWAK Marcin | 5.56 | 5.40 | 5.72 |
| | -0.3 | -0.1 | +0.5 |
| KULUS Albert | 5.28 | 5.49 | 5.21 |
| | +0.3 | +1.3 | +0.4 |
| ORGANISTA Wiktor | 4.94 | 5.16 | 5.37 |
| | +0.8 | +0.9 | +0.6 |
| GLAZA Mateusz | 5.33 | 5.36 | 5.03 |
| | +0.3 | +0.2 | +0.9 |
| FEISTER Błazej | 4.89 | 4.98 | 5.26 |
| | +0.7 | 0.0 | +0.2 |
| JERCHA Michał | 5.15 | 5.24 | 5.11 |
| | -1.2 | +0.9 | +0.9 |
| MILCZUK Jakub | 4.98 | 3.74 | 4.76 |
| | +1.7 | +1.1 | -0.2 |
| MAZUR Tobiasz | x | 4.75 | 4.87 |
| | +0.9 | +0.7 | +1.4 |
| WIŚNIEWSKI Dominik | 4.42 | 4.73 | 4.79 |
| | +0.3 | +1.0 | -0.7 |

Pchnięcie kulą M (10bój)

13:25

| | | | | | | | |
|----|--------------------|----------|-------------------------------|----|-------|----|-----|
| 1 | WIESIOŁEK Paweł | 91-08-13 | KS Warszawianka W-wa | MZ | 13.71 | | 711 |
| 2 | HORBOWICZ Rafał | 98-04-01 | KS Warszawianka W-wa | MZ | 13.64 | | 706 |
| 3 | CHOCHOROWSKI Jacek | 96-09-18 | AZS KU Politechniki Opolskiej | OP | 13.50 | PB | 698 |
| 4 | KRAWCZYK Michał | 92-09-08 | AZS-AWF Warszawa | MZ | 13.33 | SB | 687 |
| 5 | BASAŁYGO Paweł | 95-06-10 | AZS KU Politechniki Opolskiej | OP | 13.26 | PB | 683 |
| 6 | DZIUBA Szymon | 99-10-20 | AZS-AWF Warszawa | MZ | 12.34 | PB | 627 |
| 7 | MIARA Krzysztof | 94-06-11 | AZS-AWF Warszawa | MZ | 12.17 | | 617 |
| 8 | OLBIŃSKI Adrian | 97-07-29 | UMKS Iskra Wolsztyn | WP | 11.50 | SB | 576 |
| 9 | DOMAŃSKI Emil | 99-06-09 | KS Gwardia Piła | WP | 10.20 | | 498 |
| 10 | FRYŚNY Artur | 98-06-12 | UMKS Iskra Wolsztyn | WP | 9.97 | PB | 484 |
| 11 | PITER Marcin | 97-03-06 | UMKS Iskra Wolsztyn | WP | 9.58 | | 460 |
| | JAKÓBCZAK Mikołaj | 98-05-30 | KS AZS AWF Wrocław | DS | | NM | |

| | I | II | III |
|--------------------|-------|-------|-------|
| WIESIOŁEK Paweł | 13.71 | x | 13.54 |
| HORBOWICZ Rafał | 13.53 | 13.36 | 13.64 |
| CHOCHOROWSKI Jacek | 12.48 | 13.50 | x |
| KRAWCZYK Michał | 13.33 | 13.15 | x |
| BASAŁYGO Paweł | 13.26 | 13.12 | 13.20 |
| DZIUBA Szymon | 12.34 | 12.15 | x |
| MIARA Krzysztof | 11.94 | 12.17 | 12.11 |
| OLBIŃSKI Adrian | 11.46 | 10.86 | 11.50 |
| DOMAŃSKI Emil | 9.94 | 9.86 | 10.20 |
| FRYŚNY Artur | 9.97 | 8.78 | 9.49 |
| PITER Marcin | 9.53 | 9.58 | x |
| JAKÓBCZAK Mikołaj | x | r | |

Pchnięcie kulą M U20 (10bój)

13:45

| | | | | | | | |
|----|--------------------|----------|-----------------------------|----|-------|----|-----|
| 1 | KŁOSIŃSKI Szymon | 01-06-19 | MKLA Łęczycza | LD | 12.75 | PB | 652 |
| 2 | JASTRZĘBSKI Kacper | 00-07-27 | LKS Orkan Ostreszów | WP | 12.29 | PB | 624 |
| 3 | GAPIŃSKI Mikołaj | 01-05-27 | MKS Bolesłavia Bolesławiec | DS | 11.12 | PB | 553 |
| 4 | KASZCZYK Kornel | 00-04-11 | MKS Osa Zgorzelec | DS | 10.92 | PB | 541 |
| 5 | RYBARCZYK Paweł | 01-01-15 | MKLA Łęczycza | LD | 10.70 | PB | 528 |
| 6 | ŚWIERGOCKI Eryk | 01-10-26 | LKLA Krokus Astromal Leszno | WP | 10.64 | PB | 524 |
| 7 | KACZOR Karol | 01-03-20 | MKS Szerszeń Bogatynia | DS | 10.62 | | 523 |
| 8 | SIKORA Jakub | 01-10-09 | LUKS Namysłów | OP | 10.55 | | 519 |
| 9 | KARABAN Jakub | 00-06-24 | MKS Bolesłavia Bolesławiec | DS | 10.12 | | 493 |
| 10 | SOMMER Paweł | 01-02-27 | AZS-AWFiS Gdańsk | PM | 9.85 | | 477 |
| 11 | PITER Damian | 00-04-20 | UMKS Iskra Wolsztyn | WP | 9.76 | | 471 |
| 12 | ŁOPATA Krzysztof | 01-06-03 | AZS-AWFiS Gdańsk | PM | 9.76 | | 471 |
| 13 | WROCZYŃSKI Piotr | 01-02-05 | MLKS Agros Żary | LB | 8.99 | | 425 |
| 14 | RAKOCZY Kamil | 01-06-25 | MKS Osa Zgorzelec | DS | 8.79 | | 392 |

| | I | II | III |
|--------------------|-------|-------|-------|
| KŁOSIŃSKI Szymon | 12.31 | 12.75 | 12.36 |
| JASTRZĘBSKI Kacper | 12.17 | 12.15 | 12.29 |
| GAPIŃSKI Mikołaj | 11.12 | 9.58 | 10.68 |
| KASZCZYK Kornel | 10.66 | 10.92 | 10.86 |
| RYBARCZYK Paweł | 10.70 | x | 9.39 |
| ŚWIERGOCKI Eryk | 10.00 | x | 10.64 |

| | | | |
|------------------|-------|-------|-------|
| KACZOR Karol | 10.62 | 10.49 | x |
| SIKORA Jakub | 10.55 | 9.80 | 9.18 |
| KARABAN Jakub | 9.94 | x | 10.12 |
| SOMMER Paweł | 9.85 | x | 9.14 |
| PITER Damian | 9.76 | 9.22 | 9.61 |
| ŁOPATA Krzysztof | x | 9.13 | 9.76 |
| WROCZYŃSKI Piotr | 8.99 | x | 8.24 |
| RAKOCZY Kamil | 8.79 | 8.74 | 8.43 |

Pchnięcie kulą M U16 (5kg) (5bój)

15:35

| | | | | | |
|----------------------------|----------|-------------------------------|----|-------|--------|
| 1 MAZUR Tobiasz | 04-12-28 | MMKS Kędzierzyn Koźle | OP | 13.24 | 682 |
| 2 ROBAKOWSKI Dawid | 04-06-23 | UKS Skoczek Władysławów | WP | 12.31 | 625 |
| 3 JUNG Marcin | 04-03-19 | MLKS Agros Żary | LB | 11.48 | 575 |
| 4 ORGANISTA Wiktor | 04-02-26 | STS Pomerania Szczecin | ZP | 10.48 | 515 |
| 5 KAŁWAK Marcin | 04-04-29 | MMKS Kędzierzyn Koźle | OP | 10.40 | 510 |
| 6 JERCHA Michał | 04-03-09 | MKLA Łęczycza | LD | 9.97 | PB 484 |
| 7 GLAZA Mateusz | 04-08-16 | UKS Czapla Białe Błota | KP | 9.49 | 455 |
| 8 WOLIŃSKI Stanisław | 04-08-10 | MKS MOS Wrocław | DS | 9.39 | PB 449 |
| 9 KULUS Albert | 04-01-22 | UMKS Iskra Wolsztyn | WP | 9.23 | 440 |
| 10 WIŚNIEWSKI Dominik | 04-03-03 | MMKS Kędzierzyn Koźle | OP | 8.82 | 415 |
| 11 FEISTER Błazej | 04-02-21 | LLKS Ziemi Kociewskiej Skórcz | PM | 8.51 | PB 397 |
| 12 KAMIOŃEK Patryk | 04-12-24 | UKS LA Basket Warszawa | MZ | 8.15 | PB 375 |
| 13 MILCZUK Jakub | 04-03-27 | UKS Skoczek Władysławów | WP | 7.29 | PB 324 |
| 14 BARTŁOMIEJCZYK Radosław | 04-04-07 | CKS Budowlani Częstochowa | SL | 7.00 | 307 |

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|-------------------------|-------|-------|-------|
| | I | II | III |
| MAZUR Tobiasz | 12.94 | 13.24 | 13.06 |
| ROBAKOWSKI Dawid | 12.31 | 10.82 | x |
| JUNG Marcin | 11.33 | 10.32 | 11.48 |
| ORGANISTA Wiktor | 9.87 | 10.48 | x |
| KAŁWAK Marcin | 10.30 | 10.40 | 9.99 |
| JERCHA Michał | 9.97 | 9.46 | 9.74 |
| GLAZA Mateusz | 8.84 | 8.15 | 9.49 |
| WOLIŃSKI Stanisław | 7.63 | 7.88 | 9.39 |
| KULUS Albert | 9.23 | 8.55 | 8.01 |
| WIŚNIEWSKI Dominik | 8.26 | 8.82 | 8.04 |
| FEISTER Błazej | 8.51 | x | 8.37 |
| KAMIOŃEK Patryk | 8.15 | x | 7.97 |
| MILCZUK Jakub | 6.91 | 7.29 | 7.10 |
| BARTŁOMIEJCZYK Radosław | 6.43 | 6.43 | 7.00 |

Skok wzwyż M (10bój)

18:20

| | | | | | | |
|-------------------|----------|-------------------------------|----|------|-----|-----|
| 1 WIESIOŁEK Paweł | 91-08-13 | KS Warszawianka W-wa | MZ | 2.05 | SB | 850 |
| 2 HORBOWICZ Rafał | 98-04-01 | KS Warszawianka W-wa | MZ | 1.99 | PB | 794 |
| 3 BASAŁYGO Paweł | 95-06-10 | AZS KU Politechniki Opolskiej | OP | 1.87 | =PB | 687 |
| 4 MIARA Krzysztof | 94-06-11 | AZS-AWF Warszawa | MZ | 1.87 | PB | 687 |

| | | | | | | | | | | | | | | | | | | |
|---|--------------------|----------|-------------------------------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| 5 | KRAWCZYK Michał | 92-09-08 | AZS-AWF Warszawa | MZ | 1.81 | | 636 | | | | | | | | | | | |
| 6 | FRYŚNY Artur | 98-06-12 | UMKS Iskra Wolsztyn | WP | 1.72 | | 560 | | | | | | | | | | | |
| 7 | DZIUBA Szymon | 99-10-20 | AZS-AWF Warszawa | MZ | 1.72 | SB | 560 | | | | | | | | | | | |
| 8 | OLBIŃSKI Adrian | 97-07-29 | UMKS Iskra Wolsztyn | WP | 1.69 | | 536 | | | | | | | | | | | |
| 9 | PITER Marcin | 97-03-06 | UMKS Iskra Wolsztyn | WP | 1.63 | | 488 | | | | | | | | | | | |
| | JAKÓBCZAK Mikołaj | 98-05-30 | KS AZS AWF Wrocław | DS | NM | | | | | | | | | | | | | |
| | CHOCHOROWSKI Jacek | 96-09-18 | AZS KU Politechniki Opolskiej | OP | NM | | | | | | | | | | | | | |
| | DOMAŃSKI Emil | 99-06-09 | KS Gwardia Piła | WP | NM | | | | | | | | | | | | | |
| | WIESIOŁEK Paweł | 1.60 | 1.63 | 1.66 | 1.69 | 1.72 | 1.75 | 1.78 | 1.81 | 1.84 | 1.87 | 1.90 | 1.93 | 1.96 | 1.99 | 2.02 | 2.05 | 2.08 |
| | HORBOWICZ Rafał | - | - | - | - | - | - | - | o | - | o | - | o | o | xo | o | xxx | |
| | BASAŁYGO Paweł | - | - | - | - | o | o | o | xo | xxo | o | xxx | | | | | | |
| | MIARA Krzysztof | - | - | - | o | - | o | o | o | xxo | xxo | xxx | | | | | | |
| | KRAWCZYK Michał | - | - | - | o | o | o | xo | o | xxx | | | | | | | | |
| | FRYŚNY Artur | - | o | o | o | o | xxx | | | | | | | | | | | |
| | DZIUBA Szymon | o | - | o | o | xo | xxx | | | | | | | | | | | |
| | OLBIŃSKI Adrian | - | - | - | o | - | - | - | xr | | | | | | | | | |
| | PITER Marcin | o | o | xxx | | | | | | | | | | | | | | |
| | DOMAŃSKI Emil | xr | | | | | | | | | | | | | | | | |
| | JAKÓBCZAK Mikołaj | xr | | | | | | | | | | | | | | | | |
| | CHOCHOROWSKI Jacek | - | - | - | - | xxx | | | | | | | | | | | | |

Skok wzwyż M U20 (10bój)

19:10

| | | | | | | | | | | | | | | | | | | |
|----|--------------------|----------|-----------------------------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| 1 | ŚWIERGOCKI Eryk | 01-10-26 | LKLA Krokus Astromal Leszno | WP | 1.89 | PB | 705 | | | | | | | | | | | |
| 2 | RYBARCZYK Paweł | 01-01-15 | MKLA Łęczycza | LD | 1.86 | SB | 679 | | | | | | | | | | | |
| 3 | PITER Damian | 00-04-20 | UMKS Iskra Wolsztyn | WP | 1.80 | SB | 627 | | | | | | | | | | | |
| 4 | SOMMER Paweł | 01-02-27 | AZS-AWFis Gdańsk | PM | 1.80 | | 627 | | | | | | | | | | | |
| 5 | KACZOR Karol | 01-03-20 | MKS Szerszeń Bogatynia | DS | 1.77 | | 602 | | | | | | | | | | | |
| 6 | KASZCZYC Kornel | 00-04-11 | MKS Osa Zgorzelec | DS | 1.74 | | 577 | | | | | | | | | | | |
| 7 | KŁOSIŃSKI Szymon | 01-06-19 | MKLA Łęczycza | LD | 1.74 | | 577 | | | | | | | | | | | |
| 8 | KARABAN Jakub | 00-06-24 | MKS Bolesłavia Bolesławiec | DS | 1.74 | SB | 577 | | | | | | | | | | | |
| 9 | JASTRZĘBSKI Kacper | 00-07-27 | LKS Orkan Ostrzeszów | WP | 1.71 | | 552 | | | | | | | | | | | |
| 10 | GAPIŃSKI Mikołaj | 01-05-27 | MKS Bolesłavia Bolesławiec | DS | 1.65 | | 504 | | | | | | | | | | | |
| 11 | SIKORA Jakub | 01-10-09 | LUKS Namysłów | OP | 1.62 | | 480 | | | | | | | | | | | |
| 12 | ŁOPATA Krzysztof | 01-06-03 | AZS-AWFis Gdańsk | PM | 1.59 | =SB | 457 | | | | | | | | | | | |
| 13 | WROCZYŃSKI Piotr | 01-02-05 | MLKS Agros Żary | LB | 1.59 | | 457 | | | | | | | | | | | |
| 14 | RAKOCZY Kamil | 01-06-25 | MKS Osa Zgorzelec | DS | 1.56 | | 434 | | | | | | | | | | | |
| | ŚWIERGOCKI Eryk | 1.50 | 1.53 | 1.56 | 1.59 | 1.62 | 1.65 | 1.68 | 1.71 | 1.74 | 1.77 | 1.80 | 1.83 | 1.86 | 1.89 | 1.92 | 1.95 | 1.98 |
| | RYBARCZYK Paweł | - | - | - | - | - | - | o | o | o | xo | xxo | xo | xxo | xxx | | | |
| | PITER Damian | - | - | - | - | - | o | - | o | xo | o | xxx | | | | | | |
| | SOMMER Paweł | - | - | - | - | - | - | o | xo | o | xo | xxx | | | | | | |
| | KACZOR Karol | - | - | - | - | o | xo | o | o | xo | o | xxx | | | | | | |
| | KASZCZYC Kornel | - | - | - | o | o | o | o | o | xxx | | | | | | | | |
| | KŁOSIŃSKI Szymon | - | - | o | - | o | - | xo | o | xxx | | | | | | | | |
| | KARABAN Jakub | - | - | - | xo | - | o | o | xxo | o | xxx | | | | | | | |
| | JASTRZĘBSKI Kacper | - | - | - | - | o | - | o | o | xxx | | | | | | | | |

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|------------------|----|---|----|-----|-----|-----|-----|
| GAPIŃSKI Mikołaj | - | - | - | o | xo | xo | xxx |
| SIKORA Jakub | - | o | xo | o | o | xxx | |
| ŁOPATA Krzysztof | xo | - | o | o | xxx | | |
| WROCZYŃSKI Piotr | - | o | o | xo | xxx | | |
| RAKOCZY Kamil | o | o | o | xxx | | | |

400 m M (10bój)

| | | | | | | | |
|-----------|-----------------|----------|---------------------|-------|-------|----|-----|
| Bieg 1/ 2 | | | | 19:04 | | | |
| 1 | DZIUBA Szymon | 99-10-20 | AZS-AWF Warszawa | MZ | 49.37 | | 844 |
| 2 | KRAWCZYK Michał | 92-09-08 | AZS-AWF Warszawa | MZ | 51.42 | SB | 750 |
| 3 | PIŃTER Marcin | 97-03-06 | UMKS Iskra Wolsztyn | WP | 58.78 | | 456 |
| 4 | FRYŚNY Artur | 98-06-12 | UMKS Iskra Wolsztyn | WP | 62.13 | | 344 |
| | DOMAŃSKI Emil | 99-06-09 | KS Gwardia Piła | WP | DNF | | |
| | OLBIŃSKI Adrian | 97-07-29 | UMKS Iskra Wolsztyn | WP | DNF | | |

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|-----------|--------------------|----------|-------------------------------|-------|-------|----|-----|
| Bieg 2/ 2 | | | | 19:09 | | | |
| 1 | WIESIOŁEK Paweł | 91-08-13 | KS Warszawianka W-wa | MZ | 49.15 | SB | 854 |
| 2 | CHOCHOROWSKI Jacek | 96-09-18 | AZS KU Politechniki Opolskiej | OP | 50.41 | | 796 |
| 3 | HORBOWICZ Rafał | 98-04-01 | KS Warszawianka W-wa | MZ | 50.68 | PB | 784 |
| 4 | BASAŁYGO Paweł | 95-06-10 | AZS KU Politechniki Opolskiej | OP | 50.88 | | 774 |
| 5 | MIARA Krzysztof | 94-06-11 | AZS-AWF Warszawa | MZ | 51.26 | | 757 |
| | JAKÓBCZAK Mikołaj | 98-05-30 | KS AZS AWF Wrocław | DS | DNF | | |

400 m M U20 (10bój)

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|-----------|------------------|----------|------------------------|-------|-------|----|-----|
| Bieg 1/ 2 | | | | 19:53 | | | |
| 1 | KASZCZYC Kornel | 00-04-11 | MKS Osa Zgorzelec | DS | 53.54 | | 659 |
| 2 | PIŃTER Damian | 00-04-20 | UMKS Iskra Wolsztyn | WP | 54.44 | | 622 |
| 3 | WROCZYŃSKI Piotr | 01-02-05 | MLKS Agros Żary | LB | 56.65 | | 534 |
| 4 | RYBARCZYK Paweł | 01-01-15 | MKLA Łęczycza | LD | 56.72 | | 532 |
| 5 | RAKOCZY Kamil | 01-06-25 | MKS Osa Zgorzelec | DS | 57.28 | PB | 510 |
| 6 | ŁOPATA Krzysztof | 01-06-03 | AZS-AWFis Gdańsk | PM | 58.49 | | 466 |
| 7 | KACZOR Karol | 01-03-20 | MKS Szerszeń Bogatynia | DS | 60.86 | SB | 384 |

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|-----------|--------------------|----------|-----------------------------|-------|-------|----|-----|
| Bieg 2/ 2 | | | | 19:58 | | | |
| 1 | ŚWIERGOCKI Eryk | 01-10-26 | LKLA Krokus Astromal Leszno | WP | 51.50 | PB | 747 |
| 2 | KŁOSIŃSKI Szymon | 01-06-19 | MKLA Łęczycza | LD | 51.77 | PB | 735 |
| 3 | JASTRZĘBSKI Kacper | 00-07-27 | LKS Orkan Ostrzeszów | WP | 51.84 | PB | 732 |
| 4 | GAPIŃSKI Mikołaj | 01-05-27 | MKS Bolesławia Bolesławiec | DS | 52.37 | PB | 709 |
| 5 | SIKORA Jakub | 01-10-09 | LUKS Namysłów | OP | 54.84 | PB | 605 |
| 6 | KARABAN Jakub | 00-06-24 | MKS Bolesławia Bolesławiec | DS | 56.06 | | 557 |
| 7 | SOMMER Paweł | 01-02-27 | AZS-AWFis Gdańsk | PM | 60.60 | | 393 |

KOBIETY/WOMEN

100 metrów kobiet (PK)

| | | | | | | | |
|-----------|----------------------|----------|-------------------------|-------|-------|----|--|
| Bieg 1/ 3 | | +0.4 m/s | | 11:01 | | | |
| 1 | KRUPA Milena | 04-03-29 | KS AZS AWF Wrocław | DS | 13.27 | PB | |
| 2 | KRASZEWSKA Sandra | 02-05-06 | KS SMS Szklarska Poręba | DS | 13.31 | PB | |
| 3 | DONAJ Jagoda | 04-07-11 | KS AZS AWF Wrocław | DS | 13.88 | PB | |
| 4 | PIECHOWICZ Katarzyna | 02-10-21 | KS SMS Szklarska Poręba | DS | 13.92 | | |
| 5 | BARSKA Aleksandra | 04-01-27 | KS AZS AWF Kraków | MA | 14.05 | PB | |

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|-----------|--------------------|----------|-------------------------|-------|-------|----|--|
| Bieg 2/ 3 | | +0.2 m/s | | 11:05 | | | |
| 1 | MŁODAWSKA Karolina | 96-10-04 | KKL Kielce | SK | 12.12 | PB | |
| 2 | JATKIEWICZ Izabela | 00-04-28 | KS AZS UWM Olsztyn | WN | 12.61 | | |
| 3 | KONDERAK Martyna | 01-09-30 | KS AZS AWF Kraków | MA | 12.70 | | |
| 4 | DULIAN Wiktoria | 03-03-24 | KU AZS PWSZ w Tarnowie | MA | 13.05 | PB | |
| 5 | KAZEK Ilona | 89-11-16 | KS Cracovia 1906 Kraków | MA | 13.23 | PB | |
| 6 | BĄBEL Karolina | 05-11-14 | AZS-AWF Katowice | SL | 13.24 | | |
| 7 | BRĘCZEWSKA Zofia | 04-01-21 | KS AZS AWF Wrocław | DS | 13.29 | | |

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|-----------|-------------------|----------|--------------------|-------|-------|----|--|
| Bieg 3/ 3 | | +0.2 m/s | | 11:08 | | | |
| 1 | SICIARZ Klaudia | 98-03-15 | KS AZS AWF Kraków | MA | 11.85 | | |
| 2 | MIERZYŃSKA Jagoda | 98-08-03 | KS AZS AWF Wrocław | DS | 11.90 | PB | |
| 3 | POTASZNIK Alicja | 00-04-24 | KS AZS UWM Olsztyn | WN | 12.19 | | |
| 4 | GOLANOWSKA Agata | 00-03-17 | WLKS Wrocław | DS | 12.41 | | |

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|----------------------|----------|--------------------------|----|-------|
| 5 KOZŁOWSKA Karolina | 97-01-09 | KS AZS AWF Kraków | MA | 12.53 |
| NIEMCZYK Magdalena | 03-03-25 | UKS Tiki-Taka Kolbuszowa | PK | DNS |

400 metrów kobiet (PK)

Bieg 1/ 3

19:38

| | | | | | |
|-----------------------|----------|---------------------------------|----|-------|----|
| 1 ANDRYCHOWICZ Marta | 99-02-27 | AZS-AWF Katowice | SL | 56.77 | PB |
| 2 WRZESIŃSKA Karolina | 97-12-13 | KS AZS AWF Wrocław | DS | 56.97 | PB |
| 3 KORNACKA Karolina | 03-05-07 | KS Drwęca Nowe Miasto Lubawskie | WN | 59.57 | PB |
| 4 PIECHOCKA Alicja | 03-02-16 | MLKS Ostróda | WN | 60.28 | PB |
| BRZEŃK Paulina | 99-03-02 | KS AZS AWF Wrocław | DS | DNS | |

Bieg 2/ 3

19:43

| | | | | | |
|-----------------------|----------|---------------------------------|----|-------|----|
| 1 WRONA Alicja | 96-01-11 | AZS UMCS Lublin | LU | 54.02 | PB |
| 2 KACHANAVA Marharyta | 99-02-01 | KS AZS AWF Kraków | MA | 54.61 | PB |
| 3 WIDAWSKA Natalia | 99-12-15 | KS AZS AWF Wrocław | DS | 54.78 | SB |
| 4 MARTYNA Katarzyna | 98-10-25 | WKS Wawel Kraków | MA | 56.26 | |
| 5 BIELECKA Emilia | 99-09-04 | KS AZS AWF Wrocław | DS | 57.37 | |
| 6 KORNACKA Kinga | 03-05-07 | KS Drwęca Nowe Miasto Lubawskie | WN | 57.78 | |
| SARNA Angelika | 97-10-01 | AZS-AWF Warszawa | MZ | DNS | |

Bieg 3/ 3

19:47

| | | | | | |
|----------------------|----------|--------------------|-----|-------|----|
| 1 PAŁYS Anna | 95-03-02 | KS AZS AWF Wrocław | DS | 54.35 | SB |
| 2 KARAŚ Mariola | 96-12-04 | KS AZS AWF Kraków | MA | 54.60 | SB |
| 3 JANOWICZ Adrianna | 95-04-16 | AZS-AWF Katowice | SL | 54.71 | SB |
| 4 MISTERKA Nikoletta | 97-09-19 | AZS-AWF Katowice | SL | 55.13 | |
| 5 WSOŁEK Aleksandra | 01-09-15 | niestowarzyszona | ... | 55.49 | |

4x200 metrów kobiet

Bieg 1/ 1

16:54

| | | | | | |
|---|--------------------------|--------------------------|----|---------|-------|
| 1 | | AZS-AWF Warszawa | MZ | 1:38.13 | |
| | 225 Paulina PALUCH | 98-12-03 | | | |
| | 224 Justyna PALUCH | 97-02-28 | | | |
| | 213 Natalia DUCHNOWSKA | 96-08-13 | | | |
| | 226 Kinga RĘBIŚ | 95-08-15 | | | |
| 2 | | KS AZS AWF Kraków | MA | 1:39.46 | |
| | 277 Karolina CUBER | 97-05-20 | | | |
| | 273 Justyna BRYZEK | 98-07-09 | | | |
| | 285 Karolina KOZŁOWSKA | 97-01-09 | | | |
| | 296 Klaudia SICIARZ | 98-03-15 | | | |
| 3 | | KS AZS UWM Olsztyn | WN | 1:40.31 | |
| | 555 Małgorzata PRUSIŃSKA | 00-07-25 | | | |
| | 552 Julia KUBICKA | 02-12-09 | | | |
| | 556 Natalia ŻUK | 00-12-23 | | | |
| | 554 Alicja POTASZNIK | 00-04-24 | | | |
| 4 | | KS AZS AWF Wrocław | DS | 1:40.60 | |
| | 38 Jagoda MIERZYŃSKA | 98-08-03 | | | |
| | 36 Natalia KORCZUK | 98-10-15 | | | |
| | 16 Magdalena ZAJĄC | 02-05-15 | | | |
| | 30 Weronika CHOJKA | 97-06-19 | | | |
| 5 | | MKS MOS Wrocław | DS | 1:43.34 | |
| | 63 Lena PODWIKA | 02-12-12 | | | |
| | 64 Zuzanna SITEK | 03-08-08 | | | |
| | 60 Martyna LÜDTKE | 03-02-13 | | | |
| | 605 Weronika RODAK | 00-02-24 | | | |
| | | TS Wieliczanka Wieliczka | MA | DQ | 170.7 |
| | 350 Martyna BINIEK | 04-04-08 | | | |
| | 356 Olga KRZESZEWSKA | 05-06-17 | | | |
| | 363 Aleksandra RYBKA | 01-01-12 | | | |
| | 361 Weronika NAGIĘĆ | 02-06-27 | | | |
| | | KS Cracovia 1906 Kraków | MA | DNF | |
| | 307 Magdalena BAŁDYS | 03-03-10 | | | |
| | 315 Anna SYDORCHUK | 02-03-13 | | | |
| | 310 Ilona KAZEK | 89-11-16 | | | |
| | 311 Zuzanna KUSTRA | 02-11-13 | | | |

4x100 metrów K U16

Bieg 1/ 3

14:30

| | | | | | |
|---|----------------------|-----------------|----|-------|----|
| 1 | | PTT Delta Płock | MZ | 51.19 | SB |
| | 249 Zuzanna DUL | 05-08-27 | | | |
| | 251 Rozalia LINOWSKA | 04-10-04 | | | |

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|----------|------------------------|---------------------------|----|-------|-------|
| 248 | Wiktorija BORKOWSKA | 04-04-19 | | | |
| 250 | Klaudia JASTRZĘBSKA | 04-01-16 | | | |
| 2 | | CKS Budowlani Częstochowa | SL | 51.39 | SB |
| 491 | Oliwia CYRULIŃSKA | 05-03-03 | | | |
| 490 | Anastazja CICHOCKA | 04-02-05 | | | |
| 494 | Magdalena ŚPIEWAK | 05-05-17 | | | |
| 495 | Nadia TRĄBCZYŃSKA | 05-07-05 | | | |
| 3 | | AZS-AWF Katowice | SL | 52.17 | SB |
| 481 | Julia DUDA | 04-06-28 | | | |
| 487 | Dagmara STĘPIEŃ | 05-06-17 | | | |
| 486 | Roksana PLAMINIĄK | 05-03-11 | | | |
| 480 | Karolina BĄBEL | 05-11-14 | | | |
| | | UKS Czempion Bełchatów | LD | DQ | 170.7 |
| 186 | Maria KŁODZIEJCZUK | 04-11-19 | | | |
| 155 | Maja MATYŚKIEWICZ | 04-03-01 | | | |
| 187 | Martyna MIELCZAREK | 05-02-24 | | | |
| 188 | Zuzanna MIELCZAREK | 05-02-24 | | | |
| | | OKS Skra Warszawa | MZ | DQ | 170.7 |
| 244 | Antonina BURLEWICZ | 05-01-25 | | | |
| 247 | Aleksandra SUCHENEK | 05-12-17 | | | |
| 245 | Maja GRUNAS | 04-08-19 | | | |
| 246 | Zofia KOŚCIK | 04-10-31 | | | |
| Bieg 2/3 | | | | 14:36 | |
| 1 | | CWZS Zawisza Bydgoszcz SL | KP | 50.36 | SB |
| 84 | Oliwia DZIEMIDZIK | 04-05-16 | | | |
| 83 | Liwia DEJA | 04-07-17 | | | |
| 89 | Urszula KOWALSKA | 04-08-07 | | | |
| 92 | Anna OSTROWSKA | 04-09-06 | | | |
| 2 | | KS AZS UWM Olsztyn | WN | 50.73 | SB |
| 573 | Julia TWARDOWSKA | 04-05-19 | | | |
| 553 | Dominika KUŁAKOWSKA | 05-06-14 | | | |
| 566 | Katarzyna BIELAKOW | 04-05-22 | | | |
| 569 | Aleksandra LIS | 04-02-02 | | | |
| 3 | | KS AZS AWF Wrocław | DS | 51.63 | SB |
| 28 | Zofia BRĘCZEWSKA | 04-01-21 | | | |
| 31 | Emilia DATTNER | 04-03-22 | | | |
| 32 | Jagoda DONAJ | 04-07-11 | | | |
| 37 | Milena KRUPA | 04-03-29 | | | |
| 4 | | UKS Herkules Sulejówek | MZ | 51.91 | SB |
| 259 | Justyna KOWALSKA | 04-05-09 | | | |
| 261 | Aleksandra SZYMANOWSKA | 04-08-23 | | | |
| 262 | Krystyna WIECZOREK | 04-11-09 | | | |
| 260 | Laura MIELCZAREK | 04-07-30 | | | |

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|----------------------|-----|-----------------------------|----------|---------|-------|
| 5 | | MKS-MOS Płomień Sosnowiec | SL | 51.95 | SB |
| | 502 | Wanessa OZIĘBŁO | 04-03-24 | | |
| | 496 | Laura CICHY | 04-05-27 | | |
| | 500 | Emilia MAJKA | 05-04-15 | | |
| | 503 | Aleksandra SZCZYRBA | 04-10-24 | | |
| Bieg 3/ 3 | | | | 14:41 | |
| 1 | | KS Stal LA Ostrów Wlkp. | WP | 49.29 | SB |
| | 530 | Ewa PIASZCZYŃSKA | 04-07-11 | | |
| | 529 | Oliwia KLAR | 05-01-11 | | |
| | 526 | Dagmara ADAMCIO | 05-11-14 | | |
| | 528 | Inga KANICKA | 05-01-14 | | |
| 2 | | TS Wieliczanka Wieliczka | MA | 50.31 | SB |
| | 356 | Olga KRZESZEWSKA | 05-06-17 | | |
| | 364 | Emilia SKIMINA | 04-02-19 | | |
| | 360 | Nikola NAGIĘĆ | 05-04-26 | | |
| | 350 | Martyna BINIEK | 04-04-08 | | |
| 3 | | AZS-AWFIS Gdańsk | PM | 50.45 | SB |
| | 447 | Nadia SMOROŃ | 05-03-04 | | |
| | 457 | Julia GLAZA | 05-06-06 | | |
| | 448 | Natalia SOBOLEWSKA | 04-11-02 | | |
| | 456 | Natalia FALK | 05-02-12 | | |
| 4 | | AML Słupsk | PM | 50.56 | SB |
| | 433 | Małgorzata GONTARZ | 04-10-01 | | |
| | 459 | Oliwia HUK | 04-01-16 | | |
| | 458 | Hanna GRABOWSKA | 05-06-12 | | |
| | 465 | Zofia RUMINKIEWICZ | 04-09-29 | | |
| 5 | | MKS Aleksandrów Łódzki | LD | 50.77 | SB |
| | 170 | Weronika WODZIŃSKA | 05-07-24 | | |
| | 169 | Elisa THEBLINE | 04-03-23 | | |
| | 152 | Sara KŁOSIŃSKA | 04-07-13 | | |
| | 156 | Alicja MOKROSIŃSKA | 04-06-27 | | |
| 6 | | LKS Stal Mielec | PK | 50.81 | SB |
| | 407 | Maria WOJTASZEK | 05-01-12 | | |
| | 398 | Wiktoria BALAWAJDER | 05-11-11 | | |
| | 405 | Magdalena SMUTEK | 04-06-20 | | |
| | 400 | Martyna GAWEŁ | 04-03-27 | | |
| | | TS Wieliczanka Wieliczka II | MA | DQ | 170.7 |
| | 337 | Julia SITKO | 05-02-05 | | |
| | 353 | Alicja JAKUBOWSKA | 05-02-02 | | |
| | 326 | Zuzanna HAJDUK | 04-11-16 | | |
| | 340 | Natalia ŚLIWIAK | 04-12-01 | | |
| 4x200 metrów K U20 | | | | | |
| Bieg 1/ 1 | | | | 16:27 | |
| 1 | | SKLA Sopot | PM | 1:39.29 | |
| | 477 | Blanka ZAPORA | 01-11-02 | | |
| | 478 | Weronika ZMARZŁA | 01-01-12 | | |
| | 471 | Aleksandra JACHOREK | 01-02-14 | | |
| | 470 | Aleksandra FORMELLA | 01-10-27 | | |
| 2 | | KS AZS UWM Olsztyn | WN | 1:40.06 | |
| | 551 | Izabela JATKIEWICZ | 00-04-28 | | |
| | 555 | Małgorzata PRUSIŃSKA | 00-07-25 | | |
| | 556 | Natalia ŻUK | 00-12-23 | | |
| | 554 | Alicja POTASZNIK | 00-04-24 | | |
| 3 | | AKL Ursynów Warszawa | MZ | 1:42.66 | |
| | 208 | Julia ŻUROWSKA | 01-03-18 | | |
| | 202 | Julia LIPIŃSKA | 01-08-06 | | |
| | 203 | Maja MASZKIEWICZ | 01-10-04 | | |
| | 205 | Julia SOKOŁOWSKA | 00-01-26 | | |
| 4x400 metrów Mix U20 | | | | | |
| Bieg 1/ 1 | | | | 17:47 | |
| 1 | | TS Wieliczanka Wieliczka | MA | 3:43.27 | |
| | 363 | Aleksandra RYBKA | 01-01-12 | | |
| | 362 | Jakub PIETRZKO | 00-12-02 | | |
| | 352 | Renata FIC | 00-01-06 | | |
| | 349 | Wiktor BABICZ | 01-06-19 | | |
| 2 | | WLKS Wrocław | DS | 3:43.57 | |
| | 70 | Klaudia BARTKOWIAK | 00-12-20 | | |
| | 77 | Andrzej KOGUT | 01-01-01 | | |

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|-----------------------------|-----|-----------------------|----------|---------------------------|----|---------|
| | 74 | Agata GOLANOWSKA | 00-03-17 | | | |
| | 81 | Maciej PAWEŁCZYK | 01-02-15 | | | |
| 3 | | | | MOS CSiR Dąbrowa Górnicza | SL | 3:50.81 |
| | 511 | Dominika TUCKA | 01-02-06 | | | |
| | 512 | Kacper WÓJCIK | 01-08-29 | | | |
| | 509 | Karolina SKIBIŃSKA | 00-12-30 | | | |
| | 510 | Mateusz SZASTAK | 00-04-12 | | | |
| 4x400 metrów Mix U18 | | | | | | |
| Bieg 1/ 1 | | | | | | |
| | 1 | | | CWZS Zawisza Bydgoszcz SL | KP | 3:36.82 |
| | 87 | Dawid KASZYŃSKI | 02-04-29 | | | |
| | 85 | Wiktoria FORC | 02-08-05 | | | |
| | 88 | Zuzanna KOGUT | 02-03-04 | | | |
| | 94 | Kacper RĄBKOWSKI | 02-01-05 | | | |
| 2 | | | | MOS CSiR Dąbrowa Górnicza | SL | 3:39.51 |
| | 507 | Wiktoria CITAK | 03-04-28 | | | |
| | 506 | Miłosz CITAK | 03-04-28 | | | |
| | 513 | Julia ZAGAJSKA | 02-01-29 | | | |
| | 508 | Norbert HAJDUK | 03-04-14 | | | |
| 3 | | | | UKS bieganie.pl Stryszawa | MA | 3:44.18 |
| | 369 | Zuzanna BURLIGA | 02-04-07 | | | |
| | 372 | Jakub PIETRUSA | 02-02-09 | | | |
| | 373 | Emilia SALA | 02-03-05 | | | |
| | 374 | Maciej SIKORA | 03-08-03 | | | |
| 4 | | | | GKS Start Długoleka | DS | 3:45.21 |
| | 17 | Hanna BENKOWSKA | 02-10-04 | | | |
| | 24 | Sebastian WAWRZYŃIAK | 02-02-09 | | | |
| | 10 | Dorota PUZIO | 03-04-30 | | | |
| | 19 | Konrad BRZEZIŃSKI | 03-09-29 | | | |
| 5 | | | | LUKS Start Nakło | KP | 3:48.16 |
| | 105 | Martyna BEMBNISTA | 02-06-01 | | | |
| | 106 | Mikołaj PYSZKA | 02-10-05 | | | |
| | 107 | Zuzanna STRZELEWICZ | 02-03-21 | | | |
| | 108 | Dawid TRZCIŃSKI | 02-05-23 | | | |
| 6 | | | | KS Cracovia 1906 Kraków | MA | 3:53.10 |
| | 315 | Anna SYDORCHUK | 02-03-13 | | | |
| | 316 | Dawid WOJDYŁA | 02-08-19 | | | |
| | 311 | Zuzanna KUSTRZA | 02-11-13 | | | |
| | 312 | Maksymilian PALARCZYK | 03-05-12 | | | |
| 4x400 metrów Mix | | | | | | |
| Bieg 1/ 1 | | | | | | |
| | 1 | | | AZS UMCS Lublin | LU | 3:24.86 |
| | 122 | Cezary MIROŚLAW | 97-05-08 | | | |
| | 123 | Alicja WRONA | 96-01-11 | | | |
| | 118 | Wiktoria DROZD | 01-09-20 | | | |
| | 121 | Andrzej JAROS | 90-07-19 | | | |
| 2 | | | | AZS-AWF Warszawa | MZ | 3:28.32 |
| | 222 | Gabriel MIKOŁAJEWSKI | 99-03-16 | | | |
| | 228 | Angelika SARNA | 97-10-01 | | | |
| | 235 | Weronika WYKA | 94-01-07 | | | |
| | 233 | Wiktor SUWARA | 96-07-24 | | | |
| 3 | | | | KS AZS AWF Kraków | MA | 3:31.23 |
| | 273 | Justyna BRYZEK | 98-07-09 | | | |
| | 305 | Szymon ZIĘBA | 96-09-25 | | | |
| | 277 | Karolina CUBER | 97-05-20 | | | |
| | 281 | Mariusz JURCZYK | 96-01-10 | | | |
| 4 | | | | AZS-AWF Warszawa II | MZ | 3:33.55 |
| | 234 | Grzegorz WÓJCICKI | 99-01-05 | | | |
| | 218 | Agata KOŁECKA | 96-07-06 | | | |
| | 212 | Natalia BARTOSIEWICZ | 96-05-25 | | | |
| | 211 | Jakub BAŁDYKA | 96-04-13 | | | |
| 5 | | | | MKS Juwenia Białystok | PD | 3:35.43 |
| | 430 | Angelika KWIATKOWSKA | 98-06-19 | | | |
| | 431 | Mateusz KWIATKOWSKI | 99-06-03 | | | |
| | 429 | Justyna KACZMARCZYK | 97-12-07 | | | |
| | 428 | Bartosz DUDEK | 92-02-25 | | | |
| 6 | | | | MUKS Park Zduńska Wola | LD | 4:08.92 |
| | 175 | Julia ENDLER | 03-10-29 | | | |
| | 178 | Jakub KURUC | 03-06-14 | | | |

182 Patrycja POLKOWSKA 02-06-22
176 Szymon GABRYSIAK 03-03-14

Sztafeta szwedzka (100-200-300-400) K U18

| Bieg 1/1 | | 15:49 | |
|----------|----------------------------|-------|----------|
| 1 | Pomorskie | PM | 2:13.52 |
| 462 | Julia NOWOSADKO 02-08-15 | | |
| 464 | Zuzanna ROŻEŃSKA 02-03-18 | | |
| 467 | Wiktoria WOŁÓWICZ 02-09-07 | | |
| 463 | Monika PIETROŃ 02-02-22 | | |
| 2 | Śląskie | SL | 2:16.25 |
| 518 | Natalia ROJEK 03-11-30 | | |
| 519 | Zofia TKOCZ 03-03-16 | | |
| 516 | Emilia GUTT 03-11-05 | | |
| 515 | Samanta GÓRNIAK 02-02-23 | | |
| 3 | Warmińsko-Mazurskie | WN | 2:16.60 |
| 571 | Alicja PIECHOCKA 03-02-16 | | |
| 557 | Karolina KORNACKA 03-05-07 | | |
| 552 | Julia KUBICKA 02-12-09 | | |
| 558 | Kinga KORNACKA 03-05-07 | | |
| 4 | Małopolskie | MA | 2:23.20 |
| 322 | Wiktoria DULIAN 03-03-24 | | |
| 329 | Zuzanna LIBERDA 02-12-25 | | |
| 342 | Gabriela WÓJCIK 03-03-01 | | |
| 295 | Katarzyna SERAFIN 02-09-09 | | |
| | Dolnośląskie | DS | DQ 170.7 |
| 8 | Weronika OŻGA 03-08-16 | | |
| 9 | Ada POLEROWICZ 02-08-30 | | |
| 10 | Dorota PUZIO 03-04-30 | | |
| 16 | Magdalena ZAJĄC 02-05-15 | | |
| | Lubelskie | LU | DNS |
| 135 | Monika ROMASZKO 02-04-13 | | |
| 124 | Kinga GŁUCHOWSKA 02-11-20 | | |
| 136 | Anna STĄSIK 02-08-02 | | |
| 134 | Wiktoria OKO 03-09-18 | | |
| 137 | Martyna SZELIGA 03-03-04 | | |

Sztafeta szwedzka (100-200-300-400) K U16

| Bieg 1/2 | | 15:11 | |
|----------|-----------------------------|-------|---------|
| 1 | Pomorskie | PM | 2:19.45 |
| 465 | Zofia RUMINKIEWICZ 04-09-29 | | |
| 459 | Oliwia HUK 04-01-16 | | |
| 457 | Julia GLAŻA 05-06-06 | | |
| 455 | Dominika DURAJ 05-04-26 | | |
| 2 | Małopolskie | MA | 2:22.12 |
| 321 | Natalia ĆWIK 04-06-23 | | |
| 356 | Olga KRZESZEWSKA 05-06-17 | | |
| 350 | Martyna BINIEK 04-04-08 | | |
| 353 | Alicja JAKUBOWSKA 05-02-02 | | |
| 3 | Kujawsko-Pomorskie | KP | 2:26.83 |
| 84 | Oliwia DZIEMIDZIK 04-05-16 | | |
| 83 | Liwia DEJA 04-07-17 | | |
| 102 | Wiktoia KONERA 03-01-01 | | |
| 92 | Anna OSTROWSKA 04-09-06 | | |
| 4 | Małopolskie II | MA | 2:29.70 |
| 340 | Natalia ŚLIWIAK 04-12-01 | | |
| 326 | Zuzanna HAJDUK 04-11-16 | | |
| 337 | Julia SITKO 05-02-05 | | |
| 325 | Zuzanna GRUDZIEŃ 04-05-09 | | |
| Bieg 2/2 | | 15:18 | |
| 1 | Podkarpackie | PK | 2:20.23 |
| 408 | Oliwia GUT 05-03-26 | | |
| 400 | Martyna GAWEŁ 04-03-27 | | |
| 411 | Agata PUZIO 05-03-01 | | |
| 410 | Alicja MAGDOŃ 04-05-04 | | |
| 2 | Warmińsko-Mazurskie | WN | 2:20.89 |
| 566 | Katarzyna BIELAKOW 04-05-22 | | |
| 569 | Aleksandra LIS 04-02-02 | | |
| 572 | Kamila STEMPKOWSKA 04-08-06 | | |
| 567 | Julia KOPICZYŃSKA 04-12-01 | | |

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|------------------------------|------------------------|------------------------|-------------------------------|---------|-------|---------|
| 3 | | Łódzkie | LD | 2:24.36 | | |
| 154 | Małgorzata LUBIATOWSKA | 05-01-19 | | | | |
| 162 | Natalia WÓJCIK | 04-08-28 | | | | |
| 152 | Sara KŁOSIŃSKA | 04-07-13 | | | | |
| 156 | Alicja MOKROSIŃSKA | 04-06-27 | | | | |
| 4 | | Warmińsko-Mazurskie II | WN | 2:25.04 | | |
| 568 | Aleksandra KOWALSKA | 04-09-24 | | | | |
| 570 | Alina ŁUGIEWICZ | 05-09-10 | | | | |
| 574 | Julia WAWRZYNOWICZ | 04-02-11 | | | | |
| 573 | Julia TWARDOWSKA | 04-05-19 | | | | |
| 5 | | Dolnośląskie | DS | 2:27.77 | | |
| 4 | Agata GUT | 04-06-21 | | | | |
| 37 | Milena KRUPA | 04-03-29 | | | | |
| 2 | Zuzanna GAMROT | 05-02-24 | | | | |
| 31 | Emilia DATTNER | 04-03-22 | | | | |
| 100 m pł K (7bój) | | | | | | |
| Bieg 1/ 2 | | +0.6 m/s | | 11:51 | | |
| 1 | STYPUŁKOWSKA Monika | 97-10-01 | KS AZS-AWF Biała Podlaska | LU | 14.72 | SB 879 |
| 2 | KOSTRZEWSKA Barbara | 98-03-27 | UKS LA Basket Warszawa | MZ | 14.99 | 843 |
| 3 | TRZASKALSKA Agata | 99-03-31 | PLKS Gwda Piła | WP | 15.16 | 821 |
| 4 | SATUŁA Małgorzata | 97-11-13 | AZS-AWF Warszawa | MZ | 15.65 | PB 758 |
| 5 | KULESZA Kalina | 99-07-04 | UKS LA Basket Warszawa | MZ | 16.41 | 665 |
| Bieg 2/ 2 | | -0.4 m/s | | 11:56 | | |
| 1 | SUŁEK Adrianna | 99-04-03 | CWZS Zawisza Bydgoszcz SL | KP | 13.71 | PB 1020 |
| 2 | SKÓRZEWSKA Patrycja | 96-06-15 | KS AZS AWF Wrocław | DS | 14.10 | PB 964 |
| 3 | MIKOŁAJCZYK Izabela | 90-09-04 | KS Warszawianka W-wa | MZ | 14.12 | SB 961 |
| 4 | LIGARSKA Paulina | 96-04-09 | SKLA Sopot | PM | 14.46 | SB 914 |
| 5 | ZEZUŁA Wiktoria | 96-03-21 | CWZS Zawisza Bydgoszcz SL | KP | 14.49 | PB 910 |
| 100 m pł K U20 (7bój) | | | | | | |
| Bieg 1/ 3 | | +0.1 m/s | | 12:04 | | |
| 1 | LEWANDOWSKA Martyna | 00-10-26 | MLKL Płock | MZ | 16.90 | PB 608 |
| 2 | KAROLCZUK Paulina | 01-08-01 | UKS Czwórka Białystok | PD | 17.17 | 577 |
| 3 | CZERNIAK Wiktoria | 00-01-14 | WMLKS Nadodrze Powodowo | WP | 17.47 | PB 544 |
| 4 | BUDNER Marta | 01-05-17 | MKLA Łęczycza | LD | 17.87 | PB 502 |
| Bieg 2/ 3 | | -0.6 m/s | | 12:08 | | |
| 1 | TOMASZEWSKA Aleksandra | 01-08-03 | LKS Górnik Wałbrzych | DS | 15.61 | PB 763 |
| 2 | DELEJOWSKA Wiktoria | 01-03-12 | WLKS Wrocław | DS | 16.16 | 695 |
| 3 | DELUGA Jagoda | 01-01-12 | MKL Maraton Świnoujście | ZP | 16.34 | PB 673 |
| 4 | SZKOP Wioletta | 01-02-18 | CKS Budowlani Częstochowa | SL | 16.73 | 627 |
| 5 | LACH Aleksandra | 00-09-12 | AZS KU Politechniki Opolskiej | OP | 16.78 | =PB 622 |
| 6 | BARDEL Martyna | 01-01-22 | MLKS Agros Żary | LB | 16.86 | PB 612 |
| Bieg 3/ 3 | | +0.5 m/s | | 12:13 | | |
| 1 | BIELSKA Edyta | 01-06-17 | MLUKS Mokasyn Płoty | ZP | 15.04 | 836 |
| 2 | SŁOCKA Julia | 01-02-18 | AZS-AWF Warszawa | MZ | 15.04 | 836 |
| 3 | STEĆ Patrycja | 01-03-22 | UKS Gimpas Pasłęk | WN | 15.41 | PB 788 |
| 4 | CHAŁUPKA Milena | 00-11-14 | KS Warszawianka W-wa | MZ | 15.53 | PB 773 |
| 5 | BANASIAK Julia | 00-06-02 | WLKS Wrocław | DS | 15.74 | 746 |
| 6 | HOROWSKA Nikola | 01-01-03 | WMLKS Nadodrze Powodowo | WP | 15.98 | 717 |
| 100 m pł K U18 (7bój) | | | | | | |
| Bieg 1/ 1 | | +0.5 m/s | | 12:13 | | |
| 1 | KRONBURG Klaudia | 02-04-11 | MULKS Juvenia Głuchołazy | OP | 14.53 | 905 |
| 80 m pł K U16 (5bój) | | | | | | |
| Bieg 1/ 2 | | +0.3 m/s | | 13:50 | | |
| 1 | KOPIENIAK Oliwia | 05-10-08 | SKS Kusy Kraków | MA | 12.67 | PB 761 |
| 2 | RACZKOWSKA Natalia | 05-07-12 | UKS-MOS Opole | OP | 12.69 | PB 757 |
| 3 | PIOTROWSKA Klaudia | 04-09-29 | UKS LA Basket Warszawa | MZ | 12.72 | PB 753 |
| 4 | ZWOLIŃSKA Marta | 04-02-12 | KS Lider Grodzisk Mazowiecki | MZ | 12.97 | 715 |
| 5 | PIOTROWSKA Daria | 04-09-25 | MKS Bolesłavia Bolesławiec | DS | 13.05 | PB 703 |
| 6 | KOKOT Katarzyna | 04-01-05 | LUKS Podium Kup | OP | 13.44 | PB 647 |
| 7 | STĘPIEŃ Dagmara | 05-06-17 | AZS-AWF Katowice | SL | 13.63 | 620 |
| 8 | PABJANEK Nikola | 04-09-01 | MULKS Juvenia Głuchołazy | OP | 14.19 | 544 |
| Bieg 2/ 2 | | +0.4 m/s | | 13:56 | | |

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|---|----------------------|----------|------------------------|----|-------|----|-----|
| 1 | OLSZAK Maja | 04-07-30 | LKS Górnik Wałbrzych | DS | 11.95 | PB | 874 |
| 2 | KUBIS Paulina | 04-03-24 | WLKS Wrocław | DS | 12.16 | PB | 840 |
| 3 | KADŁUBOWICZ Weronika | 04-04-25 | UKS Orkan Środa Wlkp. | WP | 12.30 | PB | 818 |
| 4 | RUGOWSKA Anna | 04-05-26 | WLKS Wrocław | DS | 12.45 | PB | 794 |
| 5 | KLAMA Julia | 04-01-05 | LUKS Podium Kup | OP | 12.56 | | 777 |
| 6 | JUSZCZAK Gabriela | 04-03-29 | UKS 55 Łódź | LD | 12.61 | PB | 770 |
| 7 | WRONKA Maja | 04-01-09 | UKS LA Basket Warszawa | MZ | 12.85 | | 733 |
| 8 | MANDELA Emilia | 05-12-30 | UKS-MOS Opole | OP | 16.97 | | 236 |

Skok wzwyż K (7bój)

14:40

| | | | | | | | |
|---|---------------------|----------|---------------------------|----|------|-----|------|
| 1 | SUŁEK Adrianna | 99-04-03 | CWZS Zawisza Bydgoszcz SL | KP | 1.82 | | 1003 |
| 2 | MIKOŁAJCZYK Izabela | 90-09-04 | KS Warszawianka W-wa | MZ | 1.73 | | 891 |
| 3 | LIGARSKA Paulina | 96-04-09 | SKLA Sopot | PM | 1.73 | | 891 |
| 4 | KOSTRZEWSKA Barbara | 98-03-27 | UKS LA Basket Warszawa | MZ | 1.61 | | 747 |
| 4 | SATUŁA Małgorzata | 97-11-13 | AZS-AWF Warszawa | MZ | 1.61 | | 747 |
| 6 | SKÓRZEWSKA Patrycja | 96-06-15 | KS AZS AWF Wrocław | DS | 1.61 | | 747 |
| 7 | TRZASKALSKA Agata | 99-03-31 | PLKS Gwda Piła | WP | 1.55 | =PB | 678 |
| 8 | ZEZUŁA Wiktoria | 96-03-21 | CWZS Zawisza Bydgoszcz SL | KP | 1.52 | | 644 |
| 9 | KULESZA Kalina | 99-07-04 | UKS LA Basket Warszawa | MZ | 1.46 | | 577 |
| | STYPUŁKOWSKA Monika | 97-10-01 | KS AZS-AWF Biała Podlaska | LU | NM | | |

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|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| 1.31 | 1.37 | 1.40 | 1.43 | 1.46 | 1.49 | 1.52 | 1.55 | 1.58 | 1.61 | 1.64 | 1.67 | 1.70 | 1.73 | 1.76 | 1.79 | 1.82 |
| 1.85 | | | | | | | | | | | | | | | | |

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|---------------------|-----|---|---|---|----|-----|---|-----|-----|-----|---|---|-----|-----|----|----|
| SUŁEK Adrianna | - | - | - | - | - | - | - | - | - | o | o | o | o | o | xo | xo |
| xxx | | | | | | | | | | | | | | | | |
| MIKOŁAJCZYK Izabela | - | - | - | - | - | - | - | - | - | - | o | o | o | xxx | | |
| LIGARSKA Paulina | - | - | - | - | - | - | - | - | o | o | o | o | xxo | xxx | | |
| KOSTRZEWSKA Barbara | - | - | - | - | - | - | o | o | o | xxx | | | | | | |
| SATUŁA Małgorzata | - | - | - | - | o | o | o | o | o | xxx | | | | | | |
| SKÓRZEWSKA Patrycja | - | - | - | - | - | o | o | xo | o | xxx | | | | | | |
| TRZASKALSKA Agata | - | o | o | o | o | xo | o | xxo | xxx | | | | | | | |
| ZEZUŁA Wiktoria | - | - | - | - | - | - | o | xxx | | | | | | | | |
| KULESZA Kalina | - | - | o | o | xo | xxx | | | | | | | | | | |
| STYPUŁKOWSKA Monika | xxx | | | | | | | | | | | | | | | |

Skok wzwyż K U20 (7bój)

15:00

| | | | | | | | |
|----|------------------------|----------|-------------------------------|----|------|-----|-----|
| 1 | LEWANDOWSKA Martyna | 00-10-26 | MLKL Płock | MZ | 1.71 | | 867 |
| 2 | SŁOCKA Julia | 01-02-18 | AZS-AWF Warszawa | MZ | 1.65 | | 795 |
| 3 | STEC Patrycja | 01-03-22 | UKS Gimpas Paszék | WN | 1.65 | =PB | 795 |
| 4 | CHAŁUPKA Milena | 00-11-14 | KS Warszawianka W-wa | MZ | 1.62 | | 759 |
| 5 | SZKOP Wioletta | 01-02-18 | CKS Budowlani Częstochowa | SL | 1.59 | =PB | 724 |
| 6 | TOMASZEWSKA Aleksandra | 01-08-03 | LKS Górnik Wałbrzych | DS | 1.53 | SB | 655 |
| 7 | HOROWSKA Nikola | 01-01-03 | WMLKS Nadodrze Powodowo | WP | 1.53 | PB | 655 |
| 8 | BIELSKA Edyta | 01-06-17 | MLUKS Mokasyn Płoty | ZP | 1.50 | | 621 |
| 9 | LACH Aleksandra | 00-09-12 | AZS KU Politechniki Opolskiej | OP | 1.50 | SB | 621 |
| 10 | DELUGA Jagoda | 01-01-12 | MKL Maraton Świnoujście | ZP | 1.47 | | 588 |
| 11 | KAROLCZUK Paulina | 01-08-01 | UKS Czwórka Białystok | PD | 1.47 | SB | 588 |
| 12 | BUDNER Marta | 01-05-17 | MKLA Łęczycza | LD | 1.44 | PB | 555 |
| 13 | DELEJOWSKA Wiktoria | 01-03-12 | WLKS Wrocław | DS | 1.44 | | 555 |
| 14 | CZERNIAK Wiktoria | 00-01-14 | WMLKS Nadodrze Powodowo | WP | 1.41 | PB | 523 |
| 15 | BANASIAK Julia | 00-06-02 | WLKS Wrocław | DS | 1.38 | SB | 491 |
| 16 | BARDEL Martyna | 01-01-22 | MLKS Agros Żary | LB | 1.38 | | 491 |

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|---------------------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| LEWANDOWSKA Martyna | 1.26 | 1.29 | 1.32 | 1.35 | 1.38 | 1.41 | 1.44 | 1.47 | 1.50 | 1.53 | 1.56 | 1.59 | 1.62 | 1.65 | 1.68 | 1.71 | 1.74 |
| | - | - | - | - | - | - | - | - | - | - | - | o | - | xo | o | xo | xxx |
| SŁOCKA Julia | - | - | - | - | - | - | - | - | o | o | o | o | o | o | xxx | | |
| STEC Patrycja | - | - | - | - | - | - | - | - | o | o | o | o | o | xo | xxx | | |

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|------------------------|---|----|---|-----|-----|-----|-----|-----|-----|-----|-----|---|-----|---|-----|
| CHAŁUPKA Milena | - | - | - | - | - | - | - | - | o | o | o | o | o | o | xxx |
| SZKOP Wioletta | - | - | - | - | - | o | - | o | o | o | o | o | xxx | | |
| TOMASZEWSKA Aleksandra | - | - | - | - | - | o | - | o | o | xo | xxx | | | | |
| HOROWSKA Nikola | - | - | - | - | - | o | o | xo | o | xo | xxx | | | | |
| BIELSKA Edyta | - | - | - | - | o | - | o | o | xo | xxx | | | | | |
| LACH Aleksandra | - | - | - | o | o | o | o | o | xxo | xxx | | | | | |
| DELUGA Jagoda | - | - | - | - | o | o | o | o | xxx | | | | | | |
| KAROLCZUK Paulina | - | - | - | o | o | o | xo | o | xxx | | | | | | |
| BUDNER Marta | - | o | o | o | o | o | o | xxx | | | | | | | |
| DELEJOWSKA Wiktoria | - | - | - | - | o | o | xo | xxx | | | | | | | |
| CZERNIAK Wiktoria | - | - | - | xxo | xo | o | xxx | | | | | | | | |
| BANASIAK Julia | - | xo | - | o | o | xxx | | | | | | | | | |
| BARDEL Martyna | - | o | o | o | xxo | xxx | | | | | | | | | |

Skok wzwyż K U18 (7bój)

15:00

| | | | | | | | | | | | | | | | | |
|--------------------|----------|--------------------------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| 1 KRONBURG Klaudia | 02-04-11 | MULKS Juvenia Głuchołazy | OP | 1.68 | PB | 830 | | | | | | | | | | |
| KRONBURG Klaudia | 1.26 | 1.29 | 1.32 | 1.35 | 1.38 | 1.41 | 1.44 | 1.47 | 1.50 | 1.53 | 1.56 | 1.59 | 1.62 | 1.65 | 1.68 | 1.71 |
| | - | - | - | - | - | - | xxo | o | o | o | o | o | o | xo | xo | xxx |

Skok wzwyż K U16 (5bój)

17:32

| | | | | | | |
|------------------------|----------|------------------------------|----|------|-----|-----|
| 1 KOKOT Katarzyna | 04-01-05 | LUKS Podium Kup | OP | 1.64 | | 783 |
| 2 WRONKA Maja | 04-01-09 | UKS LA Basket Warszawa | MZ | 1.58 | PB | 712 |
| 3 KUBIS Paulina | 04-03-24 | WLKS Wrocław | DS | 1.58 | =PB | 712 |
| 4 KADŁUBOWICZ Weronika | 04-04-25 | UKS Orkan Środa Wlkp. | WP | 1.55 | PB | 678 |
| 5 PIOTROWSKA Klaudia | 04-09-29 | UKS LA Basket Warszawa | MZ | 1.49 | | 610 |
| 6 JUSZCZAK Gabriela | 04-03-29 | UKS 55 Łódź | LD | 1.49 | | 610 |
| 7 RACZKOWSKA Natalia | 05-07-12 | UKS-MOS Opole | OP | 1.49 | | 610 |
| 8 OLSZAK Maja | 04-07-30 | LKS Górnik Wałbrzych | DS | 1.49 | | 610 |
| 9 STĘPIEŃ Dagmara | 05-06-17 | AZS-AWF Katowice | SL | 1.46 | | 577 |
| 10 ZWOLIŃSKA Marta | 04-02-12 | KS Lider Grodzisk Mazowiecki | MZ | 1.46 | | 577 |
| 11 PABJANEK Nikola | 04-09-01 | MULKS Juvenia Głuchołazy | OP | 1.43 | | 544 |
| 12 KOPIENIAK Oliwia | 05-10-08 | SKS Kusy Kraków | MA | 1.43 | | 544 |
| 13 PIOTROWSKA Daria | 04-09-25 | MKS Bolesławia Bolesławiec | DS | 1.40 | | 512 |
| 14 KLAMA Julia | 04-01-05 | LUKS Podium Kup | OP | 1.37 | PB | 481 |
| 15 MANDELA Emilia | 05-12-30 | UKS-MOS Opole | OP | 1.37 | | 481 |
| 16 RUGOWSKA Anna | 04-05-26 | WLKS Wrocław | DS | 1.34 | PB | 449 |

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|----------------------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| | 1.22 | 1.25 | 1.28 | 1.31 | 1.34 | 1.37 | 1.40 | 1.43 | 1.46 | 1.49 | 1.52 | 1.55 | 1.58 | 1.61 | 1.64 | 1.67 |
| KOKOT Katarzyna | - | - | - | - | - | - | - | - | o | o | o | - | o | o | o | xxx |
| WRONKA Maja | - | - | - | - | - | - | o | - | o | o | xo | xo | o | xxx | | |
| KUBIS Paulina | - | - | - | - | - | - | - | o | o | o | xo | o | xxo | xxx | | |
| KADŁUBOWICZ Weronika | - | - | - | - | - | o | o | o | o | xo | xo | xo | xxx | | | |
| PIOTROWSKA Klaudia | - | - | - | - | o | - | o | xxo | o | o | xxx | | | | | |
| JUSZCZAK Gabriela | - | - | - | - | - | - | - | o | o | xo | xxx | | | | | |
| RACZKOWSKA Natalia | - | - | - | - | xo | o | o | o | o | xo | xxx | | | | | |
| OLSZAK Maja | - | - | - | - | - | xxo | o | o | xxo | xo | xxx | | | | | |
| STĘPIEŃ Dagmara | - | - | o | - | - | o | o | o | o | xxx | | | | | | |
| ZWOLIŃSKA Marta | o | - | - | o | - | - | o | - | xo | xxx | | | | | | |
| PABJANEK Nikola | - | - | o | o | o | xo | xxo | o | xxx | | | | | | | |
| KOPIENIAK Oliwia | - | - | - | - | - | o | o | xo | xxx | | | | | | | |
| PIOTROWSKA Daria | - | - | - | o | o | xo | xxo | xxx | | | | | | | | |
| KLAMA Julia | - | o | xo | o | xo | xo | xxx | | | | | | | | | |
| MANDELA Emilia | o | o | o | o | o | xxo | xxx | | | | | | | | | |
| RUGOWSKA Anna | - | o | o | xo | xo | xxx | | | | | | | | | | |

Pchnięcie kulą K (7bój)

16:55

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|----|---------------------|----------|---------------------------|----|-------|--------|
| 1 | SKÓRZEWSKA Patrycja | 96-06-15 | KS AZS AWF Wrocław | DS | 13.78 | 779 |
| 2 | LIGARSKA Paulina | 96-04-09 | SKLA Sopot | PM | 13.23 | 743 |
| 3 | SUŁEK Adrianna | 99-04-03 | CWZS Zawisza Bydgoszcz SL | KP | 12.75 | 711 |
| 4 | MIKOŁAJCZYK Izabela | 90-09-04 | KS Warszawianka W-wa | MZ | 12.25 | 678 |
| 5 | ZEZULA Wiktoria | 96-03-21 | CWZS Zawisza Bydgoszcz SL | KP | 12.25 | 678 |
| 6 | SATUŁA Małgorzata | 97-11-13 | AZS-AWF Warszawa | MZ | 11.94 | 657 |
| 7 | TRZASKALSKA Agata | 99-03-31 | PLKS Gwda Piła | WP | 9.81 | PB 517 |
| 8 | STYPUŁKOWSKA Monika | 97-10-01 | KS AZS-AWF Biała Podlaska | LU | 9.75 | 513 |
| 9 | KOSTRZEWSKA Barbara | 98-03-27 | UKS LA Basket Warszawa | MZ | 9.15 | 474 |
| 10 | KULESZA Kalina | 99-07-04 | UKS LA Basket Warszawa | MZ | 8.76 | 449 |

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|---------------------|-------|-------|-------|
| | I | II | III |
| SKÓRZEWSKA Patrycja | 13.06 | 12.97 | 13.78 |
| LIGARSKA Paulina | 13.23 | 12.73 | 12.12 |
| SUŁEK Adrianna | x | 12.61 | 12.75 |
| MIKOŁAJCZYK Izabela | 12.12 | 12.25 | 11.57 |
| ZEZULA Wiktoria | 11.68 | 12.25 | x |
| SATUŁA Małgorzata | 11.64 | x | 11.94 |
| TRZASKALSKA Agata | 9.70 | 8.84 | 9.81 |
| STYPUŁKOWSKA Monika | 9.54 | 9.66 | 9.75 |
| KOSTRZEWSKA Barbara | 9.10 | 9.12 | 9.15 |
| KULESZA Kalina | 8.39 | x | 8.76 |

Pchnięcie kulą K U20 (7bój)

17:17

| | | | | | | | |
|----|------------------------|----------|-------------------------------|----|-------|----|-----|
| 1 | SŁOCKA Julia | 01-02-18 | AZS-AWF Warszawa | MZ | 10.98 | | 594 |
| 2 | CHAŁUPKA Milena | 00-11-14 | KS Warszawianka W-wa | MZ | 10.60 | | 569 |
| 3 | STEC Patrycja | 01-03-22 | UKS Gimpas Pastęk | WN | 10.42 | | 557 |
| 4 | SZKOP Wioletta | 01-02-18 | CKS Budowlani Częstochowa | SL | 10.07 | | 534 |
| 5 | TOMASZEWSKA Aleksandra | 01-08-03 | LKS Górnik Wałbrzych | DS | 10.01 | PB | 530 |
| 6 | BIELSKA Edyta | 01-06-17 | MLUKS Mokasyn Płoty | ZP | 9.92 | | 524 |
| 7 | CZERNIAK Wiktoria | 00-01-14 | WMLKS Nadodrze Powodowo | WP | 9.75 | | 513 |
| 8 | LEWANDOWSKA Martyna | 00-10-26 | MLKL Płock | MZ | 9.63 | | 505 |
| 9 | DELUGA Jagoda | 01-01-12 | MKL Maraton Świnoujście | ZP | 9.18 | | 476 |
| 10 | HOROWSKA Nikola | 01-01-03 | WMLKS Nadodrze Powodowo | WP | 8.74 | | 447 |
| 11 | DELEJOWSKA Wiktoria | 01-03-12 | WLKS Wrocław | DS | 8.55 | PB | 435 |
| 12 | LACH Aleksandra | 00-09-12 | AZS KU Politechniki Opolskiej | OP | 8.31 | PB | 419 |
| 13 | KAROLCZUK Paulina | 01-08-01 | UKS Czwórka Białystok | PD | 8.18 | | 411 |
| 14 | BUDNER Marta | 01-05-17 | MKLA Łęczycza | LD | 8.14 | | 408 |
| 15 | BANASIAK Julia | 00-06-02 | WLKS Wrocław | DS | 8.07 | PB | 404 |
| 16 | BARDEL Martyna | 01-01-22 | MLKS Agros Żary | LB | 7.66 | PB | 377 |

| | I | II | III |
|------------------------|-------|-------|-------|
| SŁOCKA Julia | 10.98 | 10.28 | 10.82 |
| CHAŁUPKA Milena | 9.35 | 10.17 | 10.60 |
| STEC Patrycja | 9.71 | 10.42 | 10.28 |
| SZKOP Wioletta | 10.07 | 9.99 | 9.83 |
| TOMASZEWSKA Aleksandra | 9.07 | 9.17 | 10.01 |
| BIELSKA Edyta | 9.92 | 9.02 | 9.64 |
| CZERNIAK Wiktoria | 8.51 | 9.00 | 9.75 |
| LEWANDOWSKA Martyna | 9.44 | 9.58 | 9.63 |
| DELUGA Jagoda | 8.66 | 9.12 | 9.18 |
| HOROWSKA Nikola | 8.36 | 8.74 | 8.16 |
| DELEJOWSKA Wiktoria | x | 7.47 | 8.55 |
| LACH Aleksandra | 8.09 | 7.75 | 8.31 |
| KAROLCZUK Paulina | 8.18 | x | 7.88 |
| BUDNER Marta | 8.14 | x | 7.65 |
| BANASIAK Julia | 7.87 | 8.07 | 7.66 |
| BARDEL Martyna | 7.28 | 7.57 | 7.66 |

Pchnięcie kulą K U18 (7bój)

17:17

| | | | | | | | |
|---|------------------|----------|--------------------------|-------|-------|--|-----|
| 1 | KRONBURG Klaudia | 02-04-11 | MULKS Juvenia Głuchołazy | OP | 11.75 | | 645 |
| | KRONBURG Klaudia | I | II | III | | | |
| | | 9.96 | 10.80 | 11.75 | | | |

Pchnięcie kulą K U16 (3kg) (5bój)

18:17

| | | | | | | | |
|---|----------------------|----------|----------------------------|----|-------|----|-----|
| 1 | PIOTROWSKA Daria | 04-09-25 | MKS Bolesłavia Bolesławiec | DS | 11.13 | | 604 |
| 2 | KADŁUBOWICZ Weronika | 04-04-25 | UKS Orkan Środa Wlkp. | WP | 10.21 | | 543 |
| 3 | KUBIS Paulina | 04-03-24 | WLKS Wrocław | DS | 9.74 | | 512 |
| 4 | PIOTROWSKA Klaudia | 04-09-29 | UKS LA Basket Warszawa | MZ | 9.61 | | 504 |
| 5 | JUSZCZAK Gabriela | 04-03-29 | UKS 55 Łódź | LD | 9.56 | | 501 |
| 6 | KOKOT Katarzyna | 04-01-05 | LUKS Podium Kup | OP | 8.85 | | 454 |
| 7 | OLSZAK Maja | 04-07-30 | LKS Górnik Wałbrzych | DS | 8.85 | PB | 454 |
| 8 | RUGOWSKA Anna | 04-05-26 | WLKS Wrocław | DS | 8.44 | PB | 428 |

| | | | | | | |
|-----------------------|----------|------------------------------|----|------|----|-----|
| 9 WRONKA Maja | 04-01-09 | UKS LA Basket Warszawa | MZ | 8.33 | PB | 421 |
| 10 ZWOLIŃSKA Marta | 04-02-12 | KS Lider Grodzisk Mazowiecki | MZ | 8.03 | PB | 401 |
| 11 PABJANEK Nikola | 04-09-01 | MULKS Juvenia Głuchotąży | OP | 7.81 | | 387 |
| 12 STĘPIEŃ Dagmara | 05-06-17 | AZS-AWF Katowice | SL | 7.31 | PB | 355 |
| 13 RACZKOWSKA Natalia | 05-07-12 | UKS-MOS Opole | OP | 6.75 | | 319 |
| 14 KLAMA Julia | 04-01-05 | LUKS Podium Kup | OP | 6.69 | | 315 |
| 15 KOPIENIAK Oliwia | 05-10-08 | SKS Kusy Kraków | MA | 6.58 | | 308 |
| 16 MANDELA Emilia | 05-12-30 | UKS-MOS Opole | OP | 6.40 | | 297 |

| | I | II | III |
|----------------------|-------|-------|-------|
| PIOTROWSKA Daria | x | 10.95 | 11.13 |
| KADŁUBOWICZ Weronika | 10.16 | 10.21 | 10.08 |
| KUBIS Paulina | 9.47 | 9.74 | 9.45 |
| PIOTROWSKA Klaudia | 8.93 | 9.54 | 9.61 |
| JUSZCZAK Gabriela | 9.50 | 9.32 | 9.56 |
| KOKOT Katarzyna | 8.85 | 8.59 | 8.79 |
| OLSZAK Maja | 7.50 | 8.75 | 8.85 |
| RUGOWSKA Anna | 7.31 | 8.07 | 8.44 |
| WRONKA Maja | 8.33 | 8.11 | 7.45 |
| ZWOLIŃSKA Marta | 8.03 | 7.13 | 7.27 |
| PABJANEK Nikola | 6.23 | 7.04 | 7.81 |
| STĘPIEŃ Dagmara | 6.79 | 7.28 | 7.31 |
| RACZKOWSKA Natalia | 6.75 | 6.53 | 6.16 |
| KLAMA Julia | 6.30 | 6.69 | 6.24 |
| KOPIENIAK Oliwia | 6.58 | 6.49 | 6.35 |
| MANDELA Emilia | 6.40 | x | 4.89 |

200 m K (7bój)

| Bieg 1/ 2 | +0.8 m/s | 18:30 | | | |
|-----------------------|----------|---------------------------|----|-------|--------|
| 1 KOSTRZEWSKA Barbara | 98-03-27 | UKS LA Basket Warszawa | MZ | 25.77 | SB 817 |
| 2 STYPUŁKOWSKA Monika | 97-10-01 | KS AZS-AWF Biała Podlaska | LU | 26.44 | 759 |
| 3 TRZASKALSKA Agata | 99-03-31 | PLKS Gwda Piła | WP | 27.18 | SB 697 |
| 4 SATUŁA Małgorzata | 97-11-13 | AZS-AWF Warszawa | MZ | 28.14 | PB 620 |
| 5 KULESZA Kalina | 99-07-04 | UKS LA Basket Warszawa | MZ | 28.35 | SB 604 |

| Bieg 2/ 2 | +0.6 m/s | 18:35 | | | |
|-----------------------|----------|---------------------------|----|-------|--------|
| 1 SUŁEK Adrianna | 99-04-03 | CWZS Zawisza Bydgoszcz SL | KP | 24.31 | 951 |
| 2 MIKOŁAJCZYK Izabela | 90-09-04 | KS Warszawianka W-wa | MZ | 24.95 | 891 |
| 3 LIGARSKA Paulina | 96-04-09 | SKLA Sopot | PM | 25.05 | PB 882 |
| 4 ZEŻUŁA Wiktoria | 96-03-21 | CWZS Zawisza Bydgoszcz SL | KP | 25.20 | 869 |
| 5 SKÓRZEWSKA Patrycja | 96-06-15 | KS AZS AWF Wrocław | DS | 25.45 | 846 |

200 m K U20 (7bój)

| Bieg 1/ 3 | -0.2 m/s | 18:40 | | | |
|-----------------------|----------|-------------------------------|----|-------|--------|
| 1 BUDNER Marta | 01-05-17 | MKLA Łęczycza | LD | 28.52 | PB 590 |
| 2 LEWANDOWSKA Martyna | 00-10-26 | MLKL Płock | MZ | 28.77 | 571 |
| 3 LACH Aleksandra | 00-09-12 | AZS KU Politechniki Opolskiej | OP | 28.93 | PB 559 |
| 4 CZERNIAK Wiktoria | 00-01-14 | WMLKS Nadodrze Powodowo | WP | 29.43 | SB 523 |

| Bieg 2/ 3 | -0.1 m/s | 18:43 | | | |
|--------------------------|----------|-------------------------|----|-------|--------|
| 1 STEĆ Patrycja | 01-03-22 | UKS Gimpas Pastęk | WN | 26.71 | PB 736 |
| 2 TOMASZEWSKA Aleksandra | 01-08-03 | LKS Górnik Wałbrzych | DS | 26.82 | SB 727 |
| 3 BARDEL Martyna | 01-01-22 | MLKS Agros Żary | LB | 27.74 | PB 651 |
| 4 DELUGA Jagoda | 01-01-12 | MKL Maraton Świnoujście | ZP | 28.02 | SB 629 |

| | | | | | | | |
|-------------------------------|-------------------------|-----------------|-------------------------------|--------------|-------|----|-----|
| 5 | SZKOP Wioletta | 01-02-18 | CKS Budowlani Częstochowa | SL | 28.28 | SB | 609 |
| 6 | KAROLCZUK Paulina | 01-08-01 | UKS Czwórka Białystok | PD | 28.29 | SB | 608 |
| Bieg 3/ 3 | | +0.6 m/s | | 18:47 | | | |
| 1 | HOROWSKA Nikola | 01-01-03 | WMLKS Nadodrze Powodowo | WP | 25.12 | | 876 |
| 2 | DELEJOWSKA Wiktoria | 01-03-12 | WLKS Wrocław | DS | 25.96 | PB | 801 |
| 3 | SŁOCKA Julia | 01-02-18 | AZS-AWF Warszawa | MZ | 26.15 | SB | 784 |
| 4 | BIELSKA Edyta | 01-06-17 | MLUKS Mokasyn Płoty | ZP | 26.44 | PB | 759 |
| 5 | CHAŁUPKA Milena | 00-11-14 | KS Warszawianka W-wa | MZ | 26.66 | | 740 |
| 6 | BANASIAK Julia | 00-06-02 | WLKS Wrocław | DS | 26.92 | PB | 718 |
| 200 m K U18 (7bój) | | +0.6 m/s | | 18:47 | | | |
| Bieg 1/ 1 | | +0.6 m/s | | 18:47 | | | |
| 1 | KRONBURG Klaudia | 02-04-11 | MULKS Juvenia Głuchotaży | OP | 25.79 | PB | 816 |
| MĘZCZYŹNI/MEN | | | | | | | |
| Dziesięciobój mężczyzn | | | | | | | |
| | | | | 17:59 | | | |
| 1 | WIESIOŁEK Paweł | 91-08-13 | KS Warszawianka W-wa | MZ | 8204 | PB | |
| 2 | HORBOWICZ Rafał | 98-04-01 | KS Warszawianka W-wa | MZ | 7549 | PB | |
| 3 | MIARA Krzysztof | 94-06-11 | AZS-AWF Warszawa | MZ | 7267 | PB | |
| 4 | KRAWCZYK Michał | 92-09-08 | AZS-AWF Warszawa | MZ | 7100 | PB | |
| 5 | CHOCHOROWSKI Jacek | 96-09-18 | AZS KU Politechniki Opolskiej | OP | 6617 | | |
| 6 | DZIUBA Szymon | 99-10-20 | AZS-AWF Warszawa | MZ | 6408 | | |
| 7 | BASAŁYGO Paweł | 95-06-10 | AZS KU Politechniki Opolskiej | OP | 5477 | | |
| 8 | PITER Marcin | 97-03-06 | UMKS Iskra Wolsztyn | WP | 4277 | PB | |
| 9 | FRYŚNY Artur | 98-06-12 | UMKS Iskra Wolsztyn | WP | 4139 | PB | |
| 10 | OLBIŃSKI Adrian | 97-07-29 | UMKS Iskra Wolsztyn | WP | 2842 | SB | |
| 11 | JAKÓBCZAK Mikołaj | 98-05-30 | KS AZS AWF Wrocław | DS | 2105 | | |
| 12 | DOMAŃSKI Emil | 99-06-09 | KS Gwardia Piła | WP | 1605 | | |
| Dziesięciobój M U20 | | | | | | | |
| | | | | 18:19 | | | |
| 1 | JASTRZĘBSKI Kacper | 00-07-27 | LKS Orkan Ostrzeszów | WP | 6462 | PB | 15 |
| 2 | KŁOSIŃSKI Szymon | 01-06-19 | MKLA Łęczycza | LD | 6031 | PB | 12 |
| 3 | ŚWIERGOCKI Eryk | 01-10-26 | LKLA Krokus Astromal Leszno | WP | 5888 | | 10 |
| 4 | PITER Damian | 00-04-20 | UMKS Iskra Wolsztyn | WP | 5658 | PB | 9 |
| 5 | KASZCZYC Kornel | 00-04-11 | MKS Osa Zgorzelec | DS | 5503 | PB | 8 |
| 6 | RYBARCZYK Paweł | 01-01-15 | MKLA Łęczycza | LD | 5493 | PB | 8 |
| 7 | KARABAN Jakub | 00-06-24 | MKS Bolesławia Bolesławiec | DS | 5480 | SB | 7 |
| 8 | SIKORA Jakub | 01-10-09 | LUKS Namysłów | OP | 5271 | PB | 7 |
| 9 | GAPIŃSKI Mikołaj | 01-05-27 | MKS Bolesławia Bolesławiec | DS | 5106 | PB | 6 |
| 10 | ŁOPATA Krzysztof | 01-06-03 | AZS-AWFiS Gdańsk | PM | 5009 | PB | 5 |
| 11 | KACZOR Karol | 01-03-20 | MKS Szeszeń Bogatynia | DS | 4768 | | 4 |
| 12 | SOMMER Paweł | 01-02-27 | AZS-AWFiS Gdańsk | PM | 4341 | | 3 |
| 13 | WROCZYŃSKI Piotr | 01-02-05 | MLKS Agros Żary | LB | 4253 | | 2 |
| 14 | RAKOCZY Kamil | 01-06-25 | MKS Osa Zgorzelec | DS | 3683 | | |
| Dziesięciobój M U23 | | | | | | | |
| | | | | 18:00 | | | |
| 1 | HORBOWICZ Rafał | 98-04-01 | KS Warszawianka W-wa | MZ | 7549 | PB | 25 |
| 2 | DZIUBA Szymon | 99-10-20 | AZS-AWF Warszawa | MZ | 6408 | | 21 |
| 3 | PITER Marcin | 97-03-06 | UMKS Iskra Wolsztyn | WP | 4277 | PB | 18 |
| 4 | FRYŚNY Artur | 98-06-12 | UMKS Iskra Wolsztyn | WP | 4139 | PB | 16 |
| 5 | OLBIŃSKI Adrian | 97-07-29 | UMKS Iskra Wolsztyn | WP | 2842 | SB | 14 |
| 6 | JAKÓBCZAK Mikołaj | 98-05-30 | KS AZS AWF Wrocław | DS | 2105 | | 12 |
| 7 | DOMAŃSKI Emil | 99-06-09 | KS Gwardia Piła | WP | 1605 | | |
| Pięciobój M U16 | | | | | | | |
| | | | | 12:38 | | | |
| 1 | JUNG Marcin | 04-03-19 | MLKS Agros Żary | LB | 3200 | PB | |
| 2 | ROBAKOWSKI Dawid | 04-06-23 | UKS Skoczek Władysławów | WP | 3091 | PB | |
| 3 | BARTŁOMIEJCZYK Radosław | 04-04-07 | CKS Budowlani Częstochowa | SL | 2848 | PB | |
| 4 | WOLIŃSKI Stanisław | 04-08-10 | MKS MOS Wrocław | DS | 2831 | PB | |
| 5 | KULUS Albert | 04-01-22 | UMKS Iskra Wolsztyn | WP | 2730 | PB | |
| 6 | GLAZA Mateusz | 04-08-16 | UKS Czapla Białe Błota | KP | 2662 | PB | |
| 7 | FEISTER Błazej | 04-02-21 | LLKS Ziemi Kociwskiej Skórcz | PM | 2618 | PB | |
| 8 | MILCZUK Jakub | 04-03-27 | UKS Skoczek Władysławów | WP | 2544 | PB | |
| 9 | JERCHA Michał | 04-03-09 | MKLA Łęczycza | LD | 2533 | | |
| 10 | KAŁWAK Marcin | 04-04-29 | MMKS Kędzierzyn Koźle | OP | 2447 | | |

| | | | | |
|-----------------------|----------|------------------------|----|------|
| 11 ORGANISTA Wiktor | 04-02-26 | STS Pomerania Szczecin | ZP | 2424 |
| 12 MAZUR Tobiasz | 04-12-28 | MMKS Kędzierzyn Koźle | OP | 2232 |
| 13 KAMIONEK Patryk | 04-12-24 | UKS LA Basket Warszawa | MZ | 2063 |
| 14 WIŚNIEWSKI Dominik | 04-03-03 | MMKS Kędzierzyn Koźle | OP | 1942 |

Skok wzwyż M U16 (5bój) - A

11:34

| | | | | | | |
|----------------------------|----------|-------------------------------|----|------|----|-----|
| 1 JUNG Marcin | 04-03-19 | MLKS Agros Żary | LB | 1.79 | PB | 619 |
| 2 FEISTER Błazej | 04-02-21 | LLKS Ziemi Kociewskiej Skórcz | PM | 1.76 | PB | 593 |
| 3 ROBAKOWSKI Dawid | 04-06-23 | UKS Skoczek Władysławów | WP | 1.73 | PB | 569 |
| 4 WOLIŃSKI Stanisław | 04-08-10 | MKS MOS Wrocław | DS | 1.70 | PB | 544 |
| 5 MILCZUK Jakub | 04-03-27 | UKS Skoczek Władysławów | WP | 1.64 | PB | 496 |
| 6 JERCHA Michał | 04-03-09 | MKLA Łęczycza | LD | 1.64 | | 496 |
| 7 KAŁWAK Marcin | 04-04-29 | MMKS Kędzierzyn Koźle | OP | 1.61 | | 472 |
| 8 MAZUR Tobiasz | 04-12-28 | MMKS Kędzierzyn Koźle | OP | 1.61 | | 472 |
| 9 GLAZA Mateusz | 04-08-16 | UKS Czapla Białe Błota | KP | 1.61 | PB | 472 |
| 10 ORGANISTA Wiktor | 04-02-26 | STS Pomerania Szczecin | ZP | 1.58 | PB | 449 |
| 11 KULUS Albert | 04-01-22 | UMKS Iskra Wolsztyn | WP | 1.55 | PB | 426 |
| 12 WIŚNIEWSKI Dominik | 04-03-03 | MMKS Kędzierzyn Koźle | OP | 1.52 | | 404 |
| 13 KAMIONEK Patryk | 04-12-24 | UKS LA Basket Warszawa | MZ | 1.52 | | 404 |
| 14 BARTŁOMIEJCZYK Radosław | 04-04-07 | CKS Budowlani Częstochowa | SL | 1.52 | PB | 404 |

| | | | | | | | | | | | | | | | |
|-------------------------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| JUNG Marcin | 1.40 | 1.43 | 1.46 | 1.49 | 1.52 | 1.55 | 1.58 | 1.61 | 1.64 | 1.67 | 1.70 | 1.73 | 1.76 | 1.79 | 1.82 |
| | - | - | - | - | o | - | o | o | o | o | xxo | o | xo | o | xr |
| FEISTER Błazej | - | - | - | - | - | - | - | xo | o | o | o | xo | xo | xxx | |
| ROBAKOWSKI Dawid | - | - | - | o | - | o | - | xo | o | xo | xo | xo | xxx | | |
| WOLIŃSKI Stanisław | - | o | o | o | o | o | o | o | xo | xo | o | xxx | | | |
| MILCZUK Jakub | o | o | o | o | xo | xo | o | xo | o | xxx | | | | | |
| JERCHA Michał | - | o | - | o | - | xo | - | xo | xxo | xxx | | | | | |
| KAŁWAK Marcin | - | o | - | o | o | o | xo | o | xxx | | | | | | |
| MAZUR Tobiasz | - | - | o | o | o | xxo | o | o | xxx | | | | | | |
| GLAZA Mateusz | o | - | o | - | o | o | o | xo | xxx | | | | | | |
| ORGANISTA Wiktor | - | - | - | o | o | xo | xo | xxx | | | | | | | |
| KULUS Albert | o | xo | o | xxo | o | xo | xxx | | | | | | | | |
| WIŚNIEWSKI Dominik | - | - | o | o | o | xxx | | | | | | | | | |
| KAMIONEK Patryk | o | o | - | xo | o | xxx | | | | | | | | | |
| BARTŁOMIEJCZYK Radosław | o | xo | o | xo | xo | xxx | | | | | | | | | |

1000 m M U16 (5bój)

Bieg 1/ 1

12:30

| | | | | | | |
|---------------------------|----------|-------------------------------|----|---------|-------|-----|
| 1 BARTŁOMIEJCZYK Radosław | 04-04-07 | CKS Budowlani Częstochowa | SL | 2:45.62 | PB | 812 |
| 2 JUNG Marcin | 04-03-19 | MLKS Agros Żary | LB | 2:59.60 | PB | 668 |
| 3 ROBAKOWSKI Dawid | 04-06-23 | UKS Skoczek Władysławów | WP | 2:59.96 | PB | 665 |
| 4 KULUS Albert | 04-01-22 | UMKS Iskra Wolsztyn | WP | 3:01.16 | PB | 653 |
| 5 WOLIŃSKI Stanisław | 04-08-10 | MKS MOS Wrocław | DS | 3:02.61 | PB | 639 |
| 6 FEISTER Błazej | 04-02-21 | LLKS Ziemi Kociewskiej Skórcz | PM | 3:05.77 | PB | 609 |
| 7 MILCZUK Jakub | 04-03-27 | UKS Skoczek Władysławów | WP | 3:07.70 | PB YC | 591 |
| 8 GLAZA Mateusz | 04-08-16 | UKS Czapla Białe Błota | KP | 3:11.90 | PB | 552 |
| 9 ORGANISTA Wiktor | 04-02-26 | STS Pomerania Szczecin | ZP | 3:25.88 | | 433 |
| 10 JERCHA Michał | 04-03-09 | MKLA Łęczycza | LD | 3:27.67 | | 419 |
| 11 KAŁWAK Marcin | 04-04-29 | MMKS Kędzierzyn Koźle | OP | 3:31.60 | | 388 |
| 12 WIŚNIEWSKI Dominik | 04-03-03 | MMKS Kędzierzyn Koźle | OP | 3:52.38 | | 244 |
| 13 MAZUR Tobiasz | 04-12-28 | MMKS Kędzierzyn Koźle | OP | 3:55.40 | | 226 |
| KAMIONEK Patryk | 04-12-24 | UKS LA Basket Warszawa | MZ | DNF | | |

400m 489 Radosław BARTŁOMIEJCZYK

1:05.2 (1:05.2)

800m 489 Radosław BARTŁOMIEJCZYK

2:14.4 (1:09.3)

110 m pł M (10bój)

| Bieg 1/ 2 | | -0.4 m/s | 09:50 | | | |
|-----------|--------------------|----------|-------------------------------|----|-------|---------|
| 1 | DZIUBA Szymon | 99-10-20 | AZS-AWF Warszawa | MZ | 16.50 | 677 |
| 2 | PI TER Marcin | 97-03-06 | UMKS Iskra Wolsztyn | WP | 17.79 | 544 |
| 3 | FRYŚNY Artur | 98-06-12 | UMKS Iskra Wolsztyn | WP | 18.77 | PB 453 |
| | DOMAŃSKI Emil | 99-06-09 | KS Gwardia Piła | WP | DNF | |
| | OLBIŃSKI Adrian | 97-07-29 | UMKS Iskra Wolsztyn | WP | DNF | |
| | JAKÓBCZAK Mikołaj | 98-05-30 | KS AZS AWF Wrocław | DS | DNF | |
| Bieg 2/ 2 | | +0.9 m/s | 09:54 | | | |
| 1 | HORBOWICZ Rafał | 98-04-01 | KS Warszawianka W-wa | MZ | 14.59 | PB 900 |
| 2 | WIESIOŁEK Paweł | 91-08-13 | KS Warszawianka W-wa | MZ | 14.59 | SB 900 |
| 3 | CHOCHOROWSKI Jacek | 96-09-18 | AZS KU Politechniki Opolskiej | OP | 14.73 | =PB 882 |
| 4 | KRAWCZYK Michał | 92-09-08 | AZS-AWF Warszawa | MZ | 15.07 | SB 841 |
| 4 | MIARA Krzysztof | 94-06-11 | AZS-AWF Warszawa | MZ | 15.07 | SB 841 |
| 6 | BASAŁYGO Paweł | 95-06-10 | AZS KU Politechniki Opolskiej | OP | 15.81 | 754 |

110 m pł M U20 (10bój)

| Bieg 1/ 2 | | +2.2 m/s | 09:30 | | | |
|-----------|--------------------|----------|-----------------------------|----|-------|--------|
| 1 | ŁOPATA Krzysztof | 01-06-03 | AZS-AWFIS Gdańsk | PM | 15.95 | 738 |
| 2 | KŁOSIŃSKI Szymon | 01-06-19 | MKLA Łęczycza | LD | 16.91 | 634 |
| 3 | KACZOR Karol | 01-03-20 | MKS Szerszeń Bogatynia | DS | 17.96 | 528 |
| 4 | SIKORA Jakub | 01-10-09 | LUKS Namysłów | OP | 18.05 | 519 |
| 5 | RAKOCZY Kamil | 01-06-25 | MKS Osa Zgorzelec | DS | 19.57 | 384 |
| 6 | WROCZYŃSKI Piotr | 01-02-05 | MLKS Agros Żary | LB | 20.48 | 312 |
| 7 | SOMMER Paweł | 01-02-27 | AZS-AWFIS Gdańsk | PM | 22.57 | 175 |
| Bieg 2/ 2 | | +0.3 m/s | 09:35 | | | |
| 1 | ŚWIERGOCKI Eryk | 01-10-26 | LKLA Krokus Astromal Leszno | WP | 15.03 | PB 846 |
| 2 | PI TER Damian | 00-04-20 | UMKS Iskra Wolsztyn | WP | 15.03 | PB 846 |
| 3 | JASTRZĘBSKI Kacper | 00-07-27 | LKS Orkan Ostrzeszów | WP | 15.37 | PB 805 |
| 4 | KARABAN Jakub | 00-06-24 | MKS Bolesłavia Bolesławiec | DS | 15.59 | 780 |
| 5 | KASZCZYC Kornel | 00-04-11 | MKS Osa Zgorzelec | DS | 16.01 | 732 |
| 6 | RYBARCZYK Paweł | 01-01-15 | MKLA Łęczycza | LD | 16.55 | 672 |
| 7 | GAPIŃSKI Mikołaj | 01-05-27 | MKS Bolesłavia Bolesławiec | DS | 16.74 | 652 |

Rzut dyskiem M (10bój)

| | | 11:39 | | | | |
|----|--------------------|----------|-------------------------------|----|-------|--------|
| 1 | WIESIOŁEK Paweł | 91-08-13 | KS Warszawianka W-wa | MZ | 47.66 | 822 |
| 2 | MIARA Krzysztof | 94-06-11 | AZS-AWF Warszawa | MZ | 41.92 | SB 704 |
| 3 | KRAWCZYK Michał | 92-09-08 | AZS-AWF Warszawa | MZ | 41.01 | 685 |
| 4 | CHOCHOROWSKI Jacek | 96-09-18 | AZS KU Politechniki Opolskiej | OP | 40.77 | 680 |
| 5 | HORBOWICZ Rafał | 98-04-01 | KS Warszawianka W-wa | MZ | 40.11 | 667 |
| 6 | DZIUBA Szymon | 99-10-20 | AZS-AWF Warszawa | MZ | 35.80 | 580 |
| 7 | OLBIŃSKI Adrian | 97-07-29 | UMKS Iskra Wolsztyn | WP | 35.53 | 574 |
| 8 | BASAŁYGO Paweł | 95-06-10 | AZS KU Politechniki Opolskiej | OP | 34.47 | SB 553 |
| 9 | DOMAŃSKI Emil | 99-06-09 | KS Gwardia Piła | WP | 32.57 | 515 |
| 10 | JAKÓBCZAK Mikołaj | 98-05-30 | KS AZS AWF Wrocław | DS | 29.81 | 461 |
| 11 | PI TER Marcin | 97-03-06 | UMKS Iskra Wolsztyn | WP | 29.62 | PB 457 |
| 12 | FRYŚNY Artur | 98-06-12 | UMKS Iskra Wolsztyn | WP | 27.49 | PB 415 |

| | I | II | III |
|--------------------|-------|-------|-------|
| WIESIOŁEK Paweł | 47.46 | 47.66 | x |
| MIARA Krzysztof | 40.57 | 41.92 | x |
| KRAWCZYK Michał | 41.01 | x | 40.71 |
| CHOCHOROWSKI Jacek | 40.77 | x | x |
| HORBOWICZ Rafał | 36.02 | 40.11 | 39.65 |
| DZIUBA Szymon | 32.38 | 35.80 | 33.74 |
| OLBIŃSKI Adrian | 35.53 | 34.08 | r |

| | |
|-------------------|-------------------|
| BASAŁYGO Paweł | 34.47 34.26 x |
| DOMAŃSKI Emil | 19.19 29.86 32.57 |
| JAKÓBCZAK Mikołaj | 29.81 r |
| PITER Marcin | 28.95 29.62 x |
| FRYŚNY Artur | 27.49 27.21 x |

Rzut dyskiem M U20 (10bój)

11:02

| | | | | | | |
|----------------------|----------|-----------------------------|----|-------|----|-----|
| 1 JASTRZĘBSKI Kacper | 00-07-27 | LKS Orkan Ostrzeszów | WP | 38.15 | PB | 627 |
| 2 ŚWIERGOCKI Eryk | 01-10-26 | LKLA Krokus Astromal Leszno | WP | 35.17 | PB | 567 |
| 3 KŁOSIŃSKI Szymon | 01-06-19 | MKLA Łęczycza | LD | 34.41 | PB | 552 |
| 4 SIKORA Jakub | 01-10-09 | LUKS Namysłów | OP | 34.35 | | 551 |
| 5 KACZOR Karol | 01-03-20 | MKS Szerszeń Bogatynia | DS | 33.51 | SB | 534 |
| 6 KARABAN Jakub | 00-06-24 | MKS Bolesłavia Bolesławiec | DS | 31.76 | PB | 499 |
| 7 RYBARCZYK Paweł | 01-01-15 | MKLA Łęczycza | LD | 30.16 | | 468 |
| 8 SOMMER Paweł | 01-02-27 | AZS-AWFiS Gdańsk | PM | 30.02 | | 465 |
| 9 WROCZYŃSKI Piotr | 01-02-05 | MLKS Agros Żary | LB | 28.90 | PB | 443 |
| 10 GAPIŃSKI Mikołaj | 01-05-27 | MKS Bolesłavia Bolesławiec | DS | 27.26 | | 411 |
| 11 PITER Damian | 00-04-20 | UMKS Iskra Wolsztyn | WP | 26.55 | | 397 |
| 12 KASZCZYC Kornel | 00-04-11 | MKS Osa Zgorzelec | DS | 26.08 | | 388 |
| 13 RAKOCZY Kamil | 01-06-25 | MKS Osa Zgorzelec | DS | 23.72 | | 343 |
| 14 ŁOPATA Krzysztof | 01-06-03 | AZS-AWFiS Gdańsk | PM | 23.44 | | 337 |

| | | | |
|--------------------|-------|-------|-------|
| | I | II | III |
| JASTRZĘBSKI Kacper | 33.67 | 37.48 | 38.15 |
| ŚWIERGOCKI Eryk | 28.67 | 35.17 | x |
| KŁOSIŃSKI Szymon | 34.41 | x | x |
| SIKORA Jakub | 32.43 | 31.39 | 34.35 |
| KACZOR Karol | x | 33.51 | 31.35 |
| KARABAN Jakub | 31.60 | 28.51 | 31.76 |
| RYBARCZYK Paweł | 28.08 | 29.42 | 30.16 |
| SOMMER Paweł | 28.24 | 29.33 | 30.02 |
| WROCZYŃSKI Piotr | 28.90 | 27.61 | x |
| GAPIŃSKI Mikołaj | 27.26 | x | 25.13 |
| PITER Damian | 26.02 | 26.55 | 25.23 |
| KASZCZYC Kornel | 26.08 | 24.25 | x |
| RAKOCZY Kamil | 23.72 | 20.64 | x |
| ŁOPATA Krzysztof | x | x | 23.44 |

Skok o tyczce M (10bój) - B

15:09

| | | | | | | |
|----------------------|----------|-------------------------------|----|------|----|-----|
| 1 WIESIOŁEK Paweł | 91-08-13 | KS Warszawianka W-wa | MZ | 4.70 | | 819 |
| 2 KRAWCZYK Michał | 92-09-08 | AZS-AWF Warszawa | MZ | 4.70 | PB | 819 |
| 3 HORBOWICZ Rafał | 98-04-01 | KS Warszawianka W-wa | MZ | 4.70 | PB | 819 |
| 4 MIARA Krzysztof | 94-06-11 | AZS-AWF Warszawa | MZ | 4.30 | SB | 702 |
| 5 CHOCHOROWSKI Jacek | 96-09-18 | AZS KU Politechniki Opolskiej | OP | 4.20 | | 673 |
| 6 DZIUBA Szymon | 99-10-20 | AZS-AWF Warszawa | MZ | 3.90 | SB | 590 |
| 7 PITER Marcin | 97-03-06 | UMKS Iskra Wolsztyn | WP | 2.60 | | 264 |
| 8 FRYŚNY Artur | 98-06-12 | UMKS Iskra Wolsztyn | WP | 2.50 | | 242 |
| OLBIŃSKI Adrian | 97-07-29 | UMKS Iskra Wolsztyn | WP | NM | | |
| BASAŁYGO Paweł | 95-06-10 | AZS KU Politechniki Opolskiej | OP | NM | | |

| | 98-05-30 KS AZS AWF Wrocław | | | | | | | | | | DS | | NM | | | |
|--------------------|-----------------------------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| | 99-06-09 KS Gwardia Piła | | | | | | | | | | WP | | NM | | | |
| | 2.50 | 2.60 | 2.70 | 3.60 | 3.70 | 3.80 | 3.90 | 4.00 | 4.10 | 4.20 | 4.30 | 4.40 | 4.50 | 4.60 | 4.70 | 4.80 |
| WIESIOŁEK Paweł | - | - | - | - | - | - | - | - | - | - | - | - | o | xo | o | xxx |
| KRAWCZYK Michał | - | - | - | - | - | - | - | - | - | - | xo | o | xxo | xo | xo | xxx |
| HORBOWICZ Rafał | - | - | - | - | - | - | - | xo | - | o | o | o | xo | xxo | xxo | xr |
| MIARA Krzysztof | - | - | - | - | - | - | o | - | o | xo | o | xxx | | | | |
| CHOCHOROWSKI Jacek | - | - | - | - | - | o | - | o | - | xxo | xxx | | | | | |
| DZIUBA Szymon | - | - | - | o | - | xxo | o | xxx | | | | | | | | |
| PITER Marcin | o | xo | xxx | | | | | | | | | | | | | |
| FRYŚNY Artur | xxo | xxx | | | | | | | | | | | | | | |
| DOMAŃSKI Emil | xr | | | | | | | | | | | | | | | |
| JAKÓBCZAK Mikołaj | xr | | | | | | | | | | | | | | | |
| OLBIŃSKI Adrian | xr | | | | | | | | | | | | | | | |
| BASAŁYGO Paweł | xr | | | | | | | | | | | | | | | |

Skok o tyczce M U20 (10bój) - A

15:43

| | | | | | | |
|----------------------|----------|-----------------------------|----|------|-----|-----|
| 1 ŁOPATA Krzysztof | 01-06-03 | AZS-AWFIS Gdańsk | PM | 4.10 | PB | 645 |
| 2 RYBARCZYK Paweł | 01-01-15 | MKLA Łęczycza | LD | 3.70 | SB | 535 |
| 3 KŁOSIŃSKI Szymon | 01-06-19 | MKLA Łęczycza | LD | 3.60 | | 509 |
| 4 KARABAN Jakub | 00-06-24 | MKS Bolesłavia Bolesławiec | DS | 3.50 | | 482 |
| 5 PITER Damian | 00-04-20 | UMKS Iskra Wolsztyn | WP | 3.40 | PB | 457 |
| 6 JASTRZĘBSKI Kacper | 00-07-27 | LKS Orkan Ostrzeszów | WP | 3.20 | | 406 |
| 7 KACZOR Karol | 01-03-20 | MKS Szerszeń Bogatynia | DS | 3.20 | | 406 |
| 8 SOMMER Paweł | 01-02-27 | AZS-AWFIS Gdańsk | PM | 3.20 | | 406 |
| 9 KASZCZYC Kornel | 00-04-11 | MKS Osa Zgorzelec | DS | 2.90 | =PB | 333 |
| 10 SIKORA Jakub | 01-10-09 | LUKS Namysłów | OP | 2.80 | PB | 309 |
| 11 ŚWIERGOCKI Eryk | 01-10-26 | LKLA Krokus Astromal Leszno | WP | 2.80 | | 309 |
| 12 GAPIŃSKI Mikołaj | 01-05-27 | MKS Bolesłavia Bolesławiec | DS | 2.30 | | 199 |
| 13 WROCZYŃSKI Piotr | 01-02-05 | MLKS Agros Żary | LB | 2.30 | =PB | 199 |
| 14 RAKOCZY Kamil | 01-06-25 | MKS Osa Zgorzelec | DS | 2.30 | | 199 |

Rzut oszczepem M (10bój)

16:50

| | | | | | | |
|----------------------|----------|-------------------------------|----|-------|----|-----|
| 1 MIARA Krzysztof | 94-06-11 | AZS-AWF Warszawa | MZ | 61.78 | PB | 765 |
| 2 WIESIOŁEK Paweł | 91-08-13 | KS Warszawianka W-wa | MZ | 57.26 | SB | 697 |
| 3 CHOCHOROWSKI Jacek | 96-09-18 | AZS KU Politechniki Opolskiej | OP | 55.60 | PB | 672 |
| 4 DOMAŃSKI Emil | 99-06-09 | KS Gwardia Piła | WP | 50.21 | PB | 592 |
| 5 HORBOWICZ Rafał | 98-04-01 | KS Warszawianka W-wa | MZ | 50.10 | | 590 |
| 6 KRAWCZYK Michał | 92-09-08 | AZS-AWF Warszawa | MZ | 43.57 | SB | 494 |
| 7 DZIUBA Szymon | 99-10-20 | AZS-AWF Warszawa | MZ | 39.22 | | 431 |
| 8 BASAŁYGO Paweł | 95-06-10 | AZS KU Politechniki Opolskiej | OP | 35.86 | | 382 |
| 9 PITER Marcin | 97-03-06 | UMKS Iskra Wolsztyn | WP | 32.59 | | 336 |
| 10 FRYŚNY Artur | 98-06-12 | UMKS Iskra Wolsztyn | WP | 30.06 | | 300 |
| 11 JAKÓBCZAK Mikołaj | 98-05-30 | KS AZS AWF Wrocław | DS | 23.62 | | 211 |
| OLBIŃSKI Adrian | 97-07-29 | UMKS Iskra Wolsztyn | WP | NM | | |

| | I | II | III |
|--------------------|-------|-------|-------|
| MIARA Krzysztof | 61.78 | x | x |
| WIESIOŁEK Paweł | 55.25 | 54.87 | 57.26 |
| CHOCHOROWSKI Jacek | x | 51.37 | 55.60 |
| DOMAŃSKI Emil | 48.64 | 50.21 | x |

| | | | |
|-------------------|-------|-------|-------|
| HORBOWICZ Rafał | 50.10 | x | x |
| KRAWCZYK Michał | 43.53 | 43.57 | 42.77 |
| DZIUBA Szymon | 39.22 | x | 37.93 |
| BASAŁYGO Paweł | 32.76 | 35.43 | 35.86 |
| PITER Marcin | 27.00 | 32.59 | x |
| FRYŚNY Artur | 29.63 | x | 30.06 |
| JAKÓBCZAK Mikołaj | 23.62 | r | |
| OLBIŃSKI Adrian | x | r | |

Rzut oszczepem M U20 (10bój)

17:43

| | | | | | | |
|----------------------|----------|-----------------------------|----|-------|----|-----|
| 1 JASTRZĘBSKI Kacper | 00-07-27 | LKS Orkan Ostrzeszów | WP | 52.25 | PB | 622 |
| 2 SIKORA Jakub | 01-10-09 | LUKS Namysłów | OP | 47.49 | PB | 552 |
| 3 ŁOPATA Krzysztof | 01-06-03 | AZS-AWFIS Gdańsk | PM | 44.19 | PB | 503 |
| 4 KACZOR Karol | 01-03-20 | MKS Szerszeń Bogatynia | DS | 43.39 | | 491 |
| 5 RYBARCZYK Paweł | 01-01-15 | MKLA Łęczycza | LD | 42.79 | PB | 483 |
| 6 KASZCZYC Kornel | 00-04-11 | MKS Osa Zgorzelec | DS | 40.70 | PB | 452 |
| 7 KŁOSIŃSKI Szymon | 01-06-19 | MKLA Łęczycza | LD | 40.57 | PB | 450 |
| 8 WROCZYŃSKI Piotr | 01-02-05 | MLKS Agros Żary | LB | 40.34 | PB | 447 |
| 9 SOMMER Paweł | 01-02-27 | AZS-AWFIS Gdańsk | PM | 37.97 | SB | 413 |
| 10 KARABAN Jakub | 00-06-24 | MKS Bolesławia Bolesławiec | DS | 37.13 | PB | 401 |
| 11 PITER Damian | 00-04-20 | UMKS Iskra Wolsztyn | WP | 36.78 | PB | 396 |
| 12 ŚWIERGOCKI Eryk | 01-10-26 | LKLA Krokus Astromal Leszno | WP | 30.47 | | 306 |
| 13 GAPIŃSKI Mikołaj | 01-05-27 | MKS Bolesławia Bolesławiec | DS | 29.84 | PB | 297 |
| 14 RAKOCZY Kamil | 01-06-25 | MKS Osa Zgorzelec | DS | 23.16 | | 204 |

| | | | |
|--------------------|-------|-------|-------|
| | I | II | III |
| JASTRZĘBSKI Kacper | 46.60 | 52.25 | 51.57 |
| SIKORA Jakub | 47.49 | 44.50 | 46.01 |
| ŁOPATA Krzysztof | 34.93 | 42.15 | 44.19 |
| KACZOR Karol | 43.39 | 40.23 | 39.33 |
| RYBARCZYK Paweł | 38.94 | 39.04 | 42.79 |
| KASZCZYC Kornel | 40.70 | 39.94 | x |
| KŁOSIŃSKI Szymon | 39.51 | 40.57 | 36.17 |
| WROCZYŃSKI Piotr | 40.34 | 32.67 | 36.68 |
| SOMMER Paweł | 36.32 | 35.37 | 37.97 |
| KARABAN Jakub | 33.19 | 37.13 | 35.21 |
| PITER Damian | 30.69 | 35.63 | 36.78 |
| ŚWIERGOCKI Eryk | 30.47 | 30.29 | 29.40 |
| GAPIŃSKI Mikołaj | 27.02 | 29.84 | 28.47 |
| RAKOCZY Kamil | 23.16 | x | x |

1500 m M (10bój)

Bieg 1/1

17:49

| | | | | | | |
|-------------------|----------|----------------------|----|---------|----|-----|
| 1 WIESIOŁEK Paweł | 91-08-13 | KS Warszawianka W-wa | MZ | 4:31.34 | PB | 736 |
| 2 KRAWCZYK Michał | 92-09-08 | AZS-AWF Warszawa | MZ | 4:31.63 | SB | 734 |
| 3 HORBOWICZ Rafał | 98-04-01 | KS Warszawianka W-wa | MZ | 4:41.82 | PB | 669 |
| 4 MIARA Krzysztof | 94-06-11 | AZS-AWF Warszawa | MZ | 4:48.42 | | 628 |

| | | | | | | |
|---|--------------------|----------|-------------------------------|----|---------|-----|
| 5 | CHOCHOROWSKI Jacek | 96-09-18 | AZS KU Politechniki Opolskiej | OP | 5:12.13 | 492 |
| 6 | DZIUBA Szymon | 99-10-20 | AZS-AWF Warszawa | MZ | 5:18.32 | 459 |
| 7 | FRYŚNY Artur | 98-06-12 | UMKS Iskra Wolsztyn | WP | 5:48.59 | 313 |
| 8 | PITER Marcin | 97-03-06 | UMKS Iskra Wolsztyn | WP | 5:48.62 | 312 |
| | BASAŁYGO Paweł | 95-06-10 | AZS KU Politechniki Opolskiej | OP | DNF | |
| | JAKÓBCZAK Mikołaj | 98-05-30 | KS AZS AWF Wrocław | DS | DNF | |
| | OLBIŃSKI Adrian | 97-07-29 | UMKS Iskra Wolsztyn | WP | DNF | |
| | DOMAŃSKI Emil | 99-06-09 | KS Gwardia Piła | WP | DNF | |

Międzyczasy

| | | | |
|-------|-----|-----------------|-----------------|
| 400m | 242 | Paweł WIESIOŁEK | 1:10.1 (1:10.1) |
| 800m | 242 | Paweł WIESIOŁEK | 2:24.6 (1:14.6) |
| 1200m | 242 | Paweł WIESIOŁEK | 3:40.2 (1:15.6) |

1500 m M U20 (10bój)

Bieg 1/ 1

18:09

| | | | | | | |
|----|--------------------|----------|-----------------------------|----|---------|--------|
| 1 | KŁOSIŃSKI Szymon | 01-06-19 | MKLA Łęczycza | LD | 4:52.99 | 601 |
| 2 | SOMMER Paweł | 01-02-27 | AZS-AWFis Gdańsk | PM | 4:59.42 | 563 |
| 3 | GAPIŃSKI Mikołaj | 01-05-27 | MKS Bolesłavia Bolesławiec | DS | 5:02.45 | PB 546 |
| 4 | KASZCZYC Kornel | 00-04-11 | MKS Osa Zgorzelec | DS | 5:05.14 | 530 |
| 5 | ŚWIERGOCKI Eryk | 01-10-26 | LKLA Krokus Astromal Leszno | WP | 5:06.30 | 524 |
| 6 | SIKORA Jakub | 01-10-09 | LUKS Namysłów | OP | 5:06.85 | PB 521 |
| 7 | PITER Damian | 00-04-20 | UMKS Iskra Wolsztyn | WP | 5:07.24 | 519 |
| 8 | JASTRZĘBSKI Kacper | 00-07-27 | LKS Orkan Ostrzeszów | WP | 5:08.88 | SB 510 |
| 9 | WROCZYŃSKI Piotr | 01-02-05 | MLKS Agros Żary | LB | 5:19.80 | 451 |
| 10 | KARABAN Jakub | 00-06-24 | MKS Bolesłavia Bolesławiec | DS | 5:21.67 | SB 441 |
| 11 | RAKOCZY Kamil | 01-06-25 | MKS Osa Zgorzelec | DS | 5:33.58 | 382 |
| 12 | RYBARCZYK Paweł | 01-01-15 | MKLA Łęczycza | LD | 5:33.83 | SB 381 |
| 13 | ŁOPATA Krzysztof | 01-06-03 | AZS-AWFis Gdańsk | PM | 5:39.13 | SB 355 |
| 14 | KACZOR Karol | 01-03-20 | MKS Szerszeń Bogatynia | DS | 5:50.80 | 303 |

Międzyczasy

| | | | |
|-------|-----|------------------|-----------------|
| 400m | 165 | Szymon KŁOSIŃSKI | 1:13.4 (1:13.4) |
| 800m | 165 | Szymon KŁOSIŃSKI | 2:33.1 (1:19.8) |
| 1200m | 165 | Szymon KŁOSIŃSKI | 3:55.7 (1:22.8) |

KOBIETY/WOMEN

4x600 metrów Mix U16

Bieg 1/ 1

14:59

| | | | | |
|---|-----|---------------------------------|----------|---------|
| 1 | | TS Wieliczanka Wieliczka | MA | 6:13.86 |
| | 364 | Emilia SKIMINA | 04-02-19 | |
| | 354 | Michał JANECZEK | 04-07-31 | |
| | 360 | Nikoła NAGIEĆ | 05-04-26 | |
| | 358 | Adrian MAREK | 04-02-01 | |
| 2 | | KS Drwęca Nowe Miasto Lubawskie | WN | 6:18.36 |
| | 560 | Marcin WOLDAN | 04-01-04 | |
| | 570 | Alina ŁUGIEWICZ | 05-09-10 | |
| | 572 | Kamila STEMPKOWSKA | 04-08-06 | |
| | 559 | Dawid SZPANELEWSKI | 04-05-31 | |
| 3 | | UKS Czapla Białe Błota | KP | 6:18.75 |
| | 101 | Damian KAROW | 04-02-12 | |
| | 114 | Norbert BŁASZCZYK | 04-01-19 | |
| | 102 | Wiktoria KONERA | 05-05-12 | |
| | 113 | Anna ANHALT | 05-09-24 | |
| 4 | | TS Wieliczanka Wieliczka II | MA | 6:23.80 |
| | 353 | Alicja JAKUBOWSKA | 05-02-02 | |
| | 366 | Damian WÓJCIK | 04-03-05 | |
| | 326 | Zuzanna HAJDUK | 04-11-16 | |
| | 351 | Oskar BYDOŃ | 04-01-02 | |
| 5 | | SKLA Sopot | PM | 6:24.33 |
| | 473 | Dominika JANICKA | 05-06-19 | |
| | 472 | Adrian JADCZAK | 04-02-09 | |
| | 476 | Monika URBAN | 05-04-21 | |
| | 475 | Kamil PIETRZAK | 05-03-08 | |
| 6 | | UKS Filipides Teresin | MZ | 6:27.84 |
| | 253 | Norbert BAJURSKI | 04-02-09 | |
| | 257 | Lena SUCHOWOLAK | 05-02-22 | |
| | 254 | Kamil ORLIKOWSKI | 04-09-02 | |
| | 256 | Oliwia SOKÓŁ | 05-01-07 | |

4x800 metrów Mix U20

| Bieg 1/ 1 | | | 15:40 |
|-----------|-----|------------------------------|------------|
| 1 | | MLUKS Rawa - Rawa Mazowiecka | LD 8:32.43 |
| | 171 | Maciej BUDZIŃSKI 00-06-14 | |
| | 172 | Magdalena CIOŁAK 01-05-05 | |
| | 173 | Natalia KOWALSKA 00-09-27 | |
| | 174 | Szymon STAROŃ 00-02-23 | |
| 2 | | KS Podlasie Białystok | PD 8:38.51 |
| | 427 | Damian WNOROWSKI 00-02-27 | |
| | 424 | Diana KARPIUK 00-04-05 | |
| | 426 | Aleksandra ŚWIĆ 01-07-28 | |
| | 425 | Łukasz MODZELEWSKI 00-03-19 | |
| 3 | | UKS Budowlani Nowy Sącz | MA 8:47.77 |
| | 375 | Michał DUDCZAK 00-10-04 | |
| | 376 | Karolina FRĄCZEK 01-05-08 | |
| | 377 | Monika MAŁEK 01-01-13 | |
| | 379 | Piotr TOMASIAK 00-02-16 | |

4x800 metrów Mix U18

| Bieg 1/ 1 | | | 15:19 |
|-----------|-----|-------------------------------|------------|
| 1 | | MKS Truso Elbląg | WN 8:38.65 |
| | 563 | Dominik RUDAWSKI 03-01-16 | |
| | 561 | Maja DALIDOWICZ 02-07-29 | |
| | 564 | Inez STEFANOWICZ 03-10-01 | |
| | 562 | Kacper LEWALSKI 03-05-07 | |
| 2 | | KS SMS Szklarska Poręba | DS 8:41.02 |
| | 49 | Katarzyna PIECHOWICZ 02-10-21 | |
| | 48 | Sandra KRASZEWSKA 02-05-06 | |
| | 50 | Patryk SZMIT 03-02-28 | |
| | 47 | Wojciech KOROŚ 02-05-05 | |
| 3 | | KS AZS AWF Kraków | MA 8:58.95 |
| | 292 | Michał MUCHA 02-01-20 | |
| | 302 | Emilia ŚWIERTA 03-08-11 | |
| | 295 | Katarzyna SERAFIN 02-09-09 | |
| | 297 | Wiktor SKIMINA 02-07-29 | |
| 4 | | LUKS Start Nakło | KP 9:20.19 |
| | 108 | Dawid TRZCIŃSKI 02-05-23 | |
| | 106 | Mikołaj PYSZKA 02-10-05 | |
| | 105 | Martyna BEMBNISTA 02-06-01 | |
| | 107 | Zuzanna STRZELEWICZ 02-03-21 | |

4x800 metrów Mix

| Bieg 1/ 1 | | | 16:00 |
|-----------|-----|-----------------------------|------------|
| 1 | | KS AZS AWF Kraków | MA 8:14.82 |
| | 287 | Grzegorz KUNC 97-07-03 | |
| | 278 | Paulina GÓRAK 97-11-13 | |
| | 276 | Katarzyna CHRYCZYK 95-05-30 | |
| | 290 | Patryk MARMON 97-02-22 | |
| 2 | | AZS-AWF Warszawa | MZ 8:15.42 |
| | 211 | Jakub BAŁDYKA 96-04-13 | |
| | 218 | Agata KOŁECKA 96-07-06 | |
| | 235 | Weronika WYKA 94-01-07 | |
| | 215 | Daniel GADOMSKI 98-10-24 | |
| 3 | | KS AZS AWF Kraków II | MA 8:45.40 |
| | 284 | Grzegorz KOSTYCZ 96-11-13 | |
| | 301 | Paulina SZOSTECKA 98-06-17 | |
| | 279 | Anna HRUBY 98-03-31 | |
| | 272 | Maciej BIELSKI 99-04-02 | |
| 4 | | KS Cracovia 1906 Kraków | MA 9:22.57 |
| | 311 | Zuzanna KUSTRA 02-11-13 | |
| | 316 | Dawid WOJDYŁA 02-08-19 | |
| | 608 | Lena SKRZYPEK 04-01-20 | |
| | 320 | Piotr CIĘŻKOWSKI 04-06-29 | |

Pięciobój K U16

| | | | 12:12 |
|---|-----------------------|--------------------------------|---------------|
| 1 | KUBIS Paulina | 04-03-24 WLKS Wrocław | DS 3366 PB RP |
| 2 | KADELUBOWICZ Weronika | 04-04-25 UKS Orkan Środa Wlkp. | WP 3163 PB |
| 3 | OLSAK Maja | 04-07-30 LKS Górnik Wałbrzych | DS 3037 PB |
| 4 | JUSZCZAK Gabriela | 04-03-29 UKS 55 Łódź | LD 2977 PB |

| | | | | | | |
|----|------------------------------------|----------------------|----------------------------------|----------|-------------|----|
| 5 | WRONKA Maja | 04-01-09 | UKS LA Basket Warszawa | MZ | 2916 | PB |
| 6 | PIOTROWSKA Klaudia | 04-09-29 | UKS LA Basket Warszawa | MZ | 2913 | PB |
| 7 | RACZKOWSKA Natalia | 05-07-12 | UKS-MOS Opole | OP | 2735 | PB |
| 8 | RUGOWSKA Anna | 04-05-26 | WLKS Wrocław | DS | 2691 | PB |
| 9 | KOKOT Katarzyna | 04-01-05 | LUKS Podium Kup | OP | 2618 | |
| 10 | STĘPIEŃ Dagmara | 05-06-17 | AZS-AWF Katowice | SL | 2555 | |
| 11 | PIOTROWSKA Daria | 04-09-25 | MKS Bolesłavia Bolesławiec | DS | 2554 | SB |
| 12 | ZWOLIŃSKA Marta | 04-02-12 | KS Lider Grodzisk Mazowiecki | MZ | 2529 | |
| 13 | KLAMA Julia | 04-01-05 | LUKS Podium Kup | OP | 2514 | |
| 14 | PABJANEK Nikola | 04-09-01 | MULKS Juvenia Głuchołazy | OP | 2437 | |
| 15 | MANDELA Emilia KOPIENIAK Oliwia | 05-12-30 05-10-08 | UKS-MOS Opole SKS Kusy Kraków | OP MA | 1861 DNF | |

Siedmiobój kobiet

16:55

| | | | | | | |
|----|---------------------|----------|---------------------------|----|------|----|
| 1 | SUŁEK Adrianna | 99-04-03 | CWZS Zawisza Bydgoszcz SL | KP | 6171 | PB |
| 2 | LIGARSKA Paulina | 96-04-09 | SKLA Sopot | PM | 5638 | |
| 3 | SKÓRZEWSKA Patrycja | 96-06-15 | KS AZS AWF Wrocław | DS | 5352 | |
| 4 | ZEZUŁA Wiktoria | 96-03-21 | CWZS Zawisza Bydgoszcz SL | KP | 5156 | |
| 5 | MIKOŁAJCZYK Izabela | 90-09-04 | KS Warszawianka W-wa | MZ | 4861 | |
| 6 | KOSTRZEWSKA Barbara | 98-03-27 | UKS LA Basket Warszawa | MZ | 4711 | SB |
| 7 | SATUŁA Małgorzata | 97-11-13 | AZS-AWF Warszawa | MZ | 4429 | PB |
| 8 | TRZASKALSKA Agata | 99-03-31 | PLKS Gwda Piła | WP | 4248 | PB |
| 9 | STYPUŁKOWSKA Monika | 97-10-01 | KS AZS-AWF Biała Podlaska | LU | 3913 | |
| 10 | KULESZA Kalina | 99-07-04 | UKS LA Basket Warszawa | MZ | 3761 | PB |

Siedmiobój K U20

16:43

| | | | | | | | |
|----|------------------------|----------|-------------------------------|----|------|----|----|
| 1 | SŁOCKA Julia | 01-02-18 | AZS-AWF Warszawa | MZ | 5060 | PB | 15 |
| 2 | CHAŁUPKA Milena | 00-11-14 | KS Warszawianka W-wa | MZ | 5024 | PB | 12 |
| 3 | BIELSKA Edyta | 01-06-17 | MLUKS Mokasyn Płoty | ZP | 4926 | | 10 |
| 4 | HOROWSKA Nikola | 01-01-03 | WMLKS Nadodrże Powodowo | WP | 4657 | PB | 9 |
| 5 | STEC Patrycja | 01-03-22 | UKS Gimpas Pasłęk | WN | 4522 | | 8 |
| 6 | TOMASZEWSKA Aleksandra | 01-08-03 | LKS Górnik Wałbrzych | DS | 4353 | PB | 8 |
| 7 | LEWANDOWSKA Martyna | 00-10-26 | MLKL Płock | MZ | 4314 | PB | 7 |
| 8 | SZKOP Wioletta | 01-02-18 | CKS Budowlani Częstochowa | SL | 4149 | PB | 7 |
| 9 | DELEJOWSKA Wiktoria | 01-03-12 | WLKS Wrocław | DS | 4072 | PB | 6 |
| 10 | DELUGA Jagoda | 01-01-12 | MKL Maraton Świnoujście | ZP | 4036 | PB | 5 |
| 11 | LACH Aleksandra | 00-09-12 | AZS KU Politechniki Opolskiej | OP | 3755 | PB | 4 |
| 12 | BARDEL Martyna | 01-01-22 | MLKS Agros Żary | LB | 3538 | | 3 |
| 13 | CZERNIAK Wiktoria | 00-01-14 | WMLKS Nadodrże Powodowo | WP | 3490 | PB | 2 |
| 14 | KAROLCZUK Paulina | 01-08-01 | UKS Czwórka Białystok | PD | 3480 | | 2 |
| 15 | BUDNER Marta | 01-05-17 | MKLA Łęczycza | LD | 3467 | PB | 2 |
| 16 | BANASIAK Julia | 00-06-02 | WLKS Wrocław | DS | 3172 | | 2 |

Siedmiobój K U18 (PK)

16:44

| | | | | | | |
|---|------------------|----------|--------------------------|----|------|----|
| 1 | KRONBURG Klaudia | 02-04-11 | MULKS Juvenia Głuchołazy | OP | 5056 | PB |
|---|------------------|----------|--------------------------|----|------|----|

Siedmiobój K U23

16:58

| | | | | | | | |
|---|---------------------|----------|---------------------------|----|------|----|----|
| 1 | SUŁEK Adrianna | 99-04-03 | CWZS Zawisza Bydgoszcz SL | KP | 6171 | PB | 25 |
| 2 | KOSTRZEWSKA Barbara | 98-03-27 | UKS LA Basket Warszawa | MZ | 4711 | SB | 21 |
| 3 | SATUŁA Małgorzata | 97-11-13 | AZS-AWF Warszawa | MZ | 4429 | PB | 18 |
| 4 | TRZASKALSKA Agata | 99-03-31 | PLKS Gwda Piła | WP | 4248 | PB | 16 |
| 5 | STYPUŁKOWSKA Monika | 97-10-01 | KS AZS-AWF Biała Podlaska | LU | 3913 | | 14 |
| 6 | KULESZA Kalina | 99-07-04 | UKS LA Basket Warszawa | MZ | 3761 | PB | |

Skok w dal K U16 (5bój) - B

11:10

| | | | | | | | |
|---|----------------------|----------|--------------------------|----|------|----|-----|
| 1 | KUBIS Paulina | 04-03-24 | WLKS Wrocław | DS | 5.34 | PB | 654 |
| 2 | OLSZAK Maja | 04-07-30 | LKS Górnik Wałbrzych | DS | 5.13 | | 595 |
| 3 | KADŁUBOWICZ Weronika | 04-04-25 | UKS Orkan Środa Wlkp. | WP | 5.12 | | 592 |
| 4 | JUSZCZAK Gabriela | 04-03-29 | UKS 55 Łódź | LD | 5.12 | | 592 |
| 5 | KOPIENIAK Oliwia | 05-10-08 | SKS Kusy Kraków | MA | 5.10 | | 587 |
| 6 | RUGOWSKA Anna | 04-05-26 | WLKS Wrocław | DS | 5.08 | | 581 |
| 7 | PIOTROWSKA Klaudia | 04-09-29 | UKS LA Basket Warszawa | MZ | 5.03 | | 567 |
| 8 | RACZKOWSKA Natalia | 05-07-12 | UKS-MOS Opole | OP | 4.85 | PB | 519 |
| 9 | PABJANEK Nikola | 04-09-01 | MULKS Juvenia Głuchołazy | OP | 4.77 | | 498 |

| | | | | | | |
|---------------------|----------|------------------------------|----|------|-----|-----|
| 10 WRONKA Maja | 04-01-09 | UKS LA Basket Warszawa | MZ | 4.74 | PB | 490 |
| 11 MANDELA Emilia | 05-12-30 | UKS-MOS Opole | OP | 4.61 | | 456 |
| 12 STĘPIEŃ Dagmara | 05-06-17 | AZS-AWF Katowice | SL | 4.58 | | 448 |
| 13 PIOTROWSKA Daria | 04-09-25 | MKS Bolesłavia Bolesławiec | DS | 4.58 | =SB | 448 |
| 14 KOKOT Katarzyna | 04-01-05 | LUKS Podium Kup | OP | 4.53 | | 436 |
| 15 KLAMA Julia | 04-01-05 | LUKS Podium Kup | OP | 4.43 | | 411 |
| 16 ZWOLIŃSKA Marta | 04-02-12 | KS Lider Grodzisk Mazowiecki | MZ | 3.91 | | 287 |

| | I | II | III |
|----------------------|------|------|------|
| KUBIS Paulina | 5.19 | 4.75 | 5.34 |
| | +2.3 | +1.5 | +2.1 |
| OLSZAK Maja | 4.44 | 4.91 | 5.13 |
| | +0.4 | -1.9 | +1.4 |
| KADŁUBOWICZ Weronika | 4.93 | 5.12 | 5.10 |
| | +1.9 | +0.8 | +1.4 |
| JUSZCZAK Gabriela | 4.72 | 4.58 | 5.12 |
| | +1.9 | -0.5 | +1.0 |
| KOPIENIAK Oliwia | 4.69 | 4.79 | 5.10 |
| | -0.8 | +0.8 | +3.9 |
| RUGOWSKA Anna | 4.96 | 5.08 | 5.07 |
| | +2.6 | -0.1 | +3.4 |
| PIOTROWSKA Klaudia | 5.03 | 4.93 | x |
| | +0.8 | -0.5 | +1.3 |
| RACZKOWSKA Natalia | 4.60 | 4.55 | 4.85 |
| | +0.2 | +0.2 | +1.4 |
| PABJANEK Nikola | 4.48 | 4.76 | 4.77 |
| | +1.3 | -0.4 | +2.1 |
| WRONKA Maja | 4.74 | 4.20 | 4.37 |
| | +2.4 | -0.9 | +2.3 |
| MANDELA Emilia | 4.48 | 4.61 | 4.56 |
| | -0.3 | +2.6 | +0.1 |
| STĘPIEŃ Dagmara | 4.58 | 4.53 | 4.46 |
| | +1.9 | +2.6 | +2.7 |
| PIOTROWSKA Daria | 4.41 | 4.36 | 4.58 |
| | +1.4 | +0.8 | +1.8 |
| KOKOT Katarzyna | 4.53 | 3.99 | 4.37 |
| | +5.0 | +0.1 | +2.1 |
| KLAMA Julia | 3.94 | 4.40 | 4.43 |
| | +1.2 | +1.5 | 0.0 |
| ZWOLIŃSKA Marta | 3.67 | x | 3.91 |
| | +1.1 | -0.6 | -0.6 |

600 m K U16 (5bój)

Bieg 1/ 2

12:00

| | | | | | | |
|----------------------|----------|------------------------------|----|---------|----|-----|
| 1 STĘPIEŃ Dagmara | 05-06-17 | AZS-AWF Katowice | SL | 1:48.24 | | 555 |
| 2 ZWOLIŃSKA Marta | 04-02-12 | KS Lider Grodzisk Mazowiecki | MZ | 1:48.55 | PB | 549 |
| 3 RACZKOWSKA Natalia | 05-07-12 | UKS-MOS Opole | OP | 1:49.64 | PB | 530 |
| 4 KLAMA Julia | 04-01-05 | LUKS Podium Kup | OP | 1:49.64 | | 530 |
| 5 PABJANEK Nikola | 04-09-01 | MULKS Juvenia Głuchołazy | OP | 1:53.41 | | 464 |
| 6 RUGOWSKA Anna | 04-05-26 | WLKS Wrocław | DS | 1:54.92 | PB | 439 |
| 7 MANDELA Emilia | 05-12-30 | UKS-MOS Opole | OP | 1:57.91 | | 391 |
| KOPIENIAK Oliwia | 05-10-08 | SKS Kusy Kraków | MA | DNS | | |

400m 487 Dagmara STĘPIEŃ

1:12.6 (1:12.6)

Bieg 2/ 2

12:06

| | | | | | | |
|------------------------|----------|----------------------------|----|---------|----|-----|
| 1 KUBIS Paulina | 04-03-24 | WLKS Wrocław | DS | 1:43.39 | PB | 648 |
| 2 WRONKA Maja | 04-01-09 | UKS LA Basket Warszawa | MZ | 1:47.96 | PB | 560 |
| 3 KADŁUBOWICZ Weronika | 04-04-25 | UKS Orkan Środa Wlkp. | WP | 1:49.52 | PB | 532 |
| 4 JUSZCZAK Gabriela | 04-03-29 | UKS 55 Łódź | LD | 1:51.08 | SB | 504 |
| 5 OLSZAK Maja | 04-07-30 | LKS Górnik Wałbrzych | DS | 1:51.10 | PB | 504 |
| 6 PIOTROWSKA Klaudia | 04-09-29 | UKS LA Basket Warszawa | MZ | 1:52.53 | PB | 479 |
| 7 KOKOT Katarzyna | 04-01-05 | LUKS Podium Kup | OP | 2:04.18 | | 298 |
| 8 PIOTROWSKA Daria | 04-09-25 | MKS Bolesłavia Bolesławiec | DS | 2:05.00 | | 287 |

400m 79 Paulina KUBIS

1:08.9 (1:08.9)

Skok w dal K (7bój) - B

12:36

| | | | | | | | |
|----|---------------------|----------|---------------------------|----|------|-----|-----|
| 1 | SUŁEK Adrianna | 99-04-03 | CWZS Zawisza Bydgoszcz SL | KP | 6.15 | =PB | 896 |
| 2 | SKÓRZEWSKA Patrycja | 96-06-15 | KS AZS AWF Wrocław | DS | 5.90 | =PB | 819 |
| 3 | MIKOŁAJCZYK Izabela | 90-09-04 | KS Warszawianka W-wa | MZ | 5.89 | | 816 |
| 4 | KOSTRZEWSKA Barbara | 98-03-27 | UKS LA Basket Warszawa | MZ | 5.64 | | 741 |
| 5 | LIGARSKA Paulina | 96-04-09 | SKLA Sopot | PM | 5.48 | | 694 |
| 6 | ZEZULA Wiktoria | 96-03-21 | CWZS Zawisza Bydgoszcz SL | KP | 5.46 | | 688 |
| 7 | STYPUŁKOWSKA Monika | 97-10-01 | KS AZS-AWF Biała Podlaska | LU | 5.45 | SB | 686 |
| 8 | SATUŁA Małgorzata | 97-11-13 | AZS-AWF Warszawa | MZ | 4.91 | | 535 |
| 9 | TRZASKALSKA Agata | 99-03-31 | PLKS Gwda Piła | WP | 4.83 | | 514 |
| 10 | KULESZA Kalina | 99-07-04 | UKS LA Basket Warszawa | MZ | 4.49 | | 426 |

| | I | II | III |
|---------------------|------|------|------|
| SUŁEK Adrianna | 5.77 | 6.10 | 6.15 |
| | +0.1 | +0.8 | +1.9 |
| SKÓRZEWSKA Patrycja | 5.39 | 5.90 | 5.84 |
| | -1.5 | +0.4 | +0.1 |
| MIKOŁAJCZYK Izabela | 5.89 | 5.80 | 5.87 |
| | -1.0 | +0.1 | +0.3 |
| KOSTRZEWSKA Barbara | 4.88 | 5.64 | x |
| | -1.5 | +0.3 | -0.2 |
| LIGARSKA Paulina | 5.36 | 5.48 | 5.40 |
| | -0.6 | +0.6 | -0.6 |
| ZEZULA Wiktoria | 5.46 | 5.35 | 5.31 |
| | +0.6 | -1.2 | +2.4 |
| STYPUŁKOWSKA Monika | 5.16 | 5.30 | 5.45 |
| | -1.8 | -0.4 | +1.0 |
| SATUŁA Małgorzata | 4.89 | 4.80 | 4.91 |
| | +0.8 | +1.9 | +1.5 |
| TRZASKALSKA Agata | 4.74 | 4.83 | 4.72 |
| | -0.5 | -1.6 | -1.0 |
| KULESZA Kalina | 4.49 | x | 4.47 |
| | -1.8 | +0.2 | -1.0 |

Skok w dal K U20 (7bój) - A

11:42

| | | | | | | | |
|----|------------------------|----------|-------------------------------|----|------|----|-----|
| 1 | HOROWSKA Nikola | 01-01-03 | WMLKS Nadodrże Powodowo | WP | 5.71 | | 762 |
| 2 | BIELSKA Edyta | 01-06-17 | MLUKS Mokasyn Płoty | ZP | 5.67 | | 750 |
| 3 | SŁOCKA Julia | 01-02-18 | AZS-AWF Warszawa | MZ | 5.52 | PB | 706 |
| 4 | CHAŁUPKA Milena | 00-11-14 | KS Warszawianka W-wa | MZ | 5.46 | | 688 |
| 5 | TOMASZEWSKA Aleksandra | 01-08-03 | LKS Górnik Wałbrzych | DS | 5.32 | PB | 648 |
| 6 | STEC Patrycja | 01-03-22 | UKS Gimpas Paszék | WN | 5.31 | PB | 645 |
| 7 | SZKOP Wioletta | 01-02-18 | CKS Budowlani Częstochowa | SL | 5.11 | SB | 589 |
| 8 | LEWANDOWSKA Martyna | 00-10-26 | MLKL Płock | MZ | 4.91 | | 535 |
| 9 | KAROLCZUK Paulina | 01-08-01 | UKS Czwórka Białystok | PD | 4.91 | | 535 |
| 10 | BANASIAK Julia | 00-06-02 | WLKS Wrocław | DS | 4.91 | | 535 |
| 11 | BUDNER Marta | 01-05-17 | MKLA Łęczycza | LD | 4.88 | | 527 |
| 12 | DELUGA Jagoda | 01-01-12 | MKL Maraton Świnoujście | ZP | 4.86 | | 522 |
| 13 | DELEJOWSKA Wiktoria | 01-03-12 | WLKS Wrocław | DS | 4.76 | SB | 495 |
| 14 | LACH Aleksandra | 00-09-12 | AZS KU Politechniki Opolskiej | OP | 4.71 | PB | 482 |
| 15 | CZERNIAK Wiktoria | 00-01-14 | WMLKS Nadodrże Powodowo | WP | 4.36 | SB | 393 |
| 16 | BARDEL Martyna | 01-01-22 | MLKS Agros Żary | LB | 4.36 | | 393 |

| | I | II | III |
|------------------------|------|------|------|
| HOROWSKA Nikola | 5.14 | 5.48 | 5.71 |
| | +1.7 | 0.0 | +0.6 |
| BIELSKA Edyta | 5.49 | 5.67 | 5.51 |
| | +0.9 | +0.7 | +1.0 |
| SŁOCKA Julia | 5.40 | 5.47 | 5.52 |
| | +1.2 | +2.0 | -0.9 |
| CHAŁUPKA Milena | 5.41 | 5.46 | 5.00 |
| | +0.9 | +0.4 | +1.4 |
| TOMASZEWSKA Aleksandra | 5.25 | 5.32 | 5.30 |
| | +1.7 | +0.1 | +1.5 |
| STEC Patrycja | 5.09 | 5.31 | 5.22 |
| | +1.0 | +1.8 | -0.7 |
| SZKOP Wioletta | 5.11 | 5.02 | 4.98 |
| | +1.8 | -1.2 | 0.0 |
| LEWANDOWSKA Martyna | 4.75 | 4.75 | 4.91 |
| | +2.1 | +0.2 | +0.2 |

| | | | |
|---------------------|------|------|------|
| KAROLCZUK Paulina | 4.75 | x | 4.91 |
| | +2.3 | +0.2 | +0.3 |
| BANASIAK Julia | 4.73 | 4.61 | 4.91 |
| | +2.2 | -0.6 | +4.2 |
| BUDNER Marta | 4.88 | 4.86 | 4.86 |
| | +0.8 | +1.0 | +0.4 |
| DELUGA Jagoda | 4.86 | x | x |
| | +0.3 | -1.4 | -0.2 |
| DELEJOWSKA Wiktoria | 4.72 | 4.76 | 4.66 |
| | +1.3 | +0.5 | -0.5 |
| LACH Aleksandra | 4.71 | 4.24 | 4.38 |
| | +1.1 | +0.1 | -0.8 |
| CZERNIAK Wiktoria | 4.36 | 4.31 | 4.04 |
| | +2.0 | -1.8 | +0.4 |
| BARDEL Martyna | 4.19 | 4.22 | 4.36 |
| | +1.4 | -0.1 | -1.2 |

Skok w dal K U18 (7bój) - A

11:42

| | | | | | | |
|--------------------|----------|--------------------------|------|------|----|-----|
| 1 KRONBURG Klaudia | 02-04-11 | MULKS Juvenia Głuchołazy | OP | 5.53 | PB | 709 |
| | I | II | III | | | |
| KRONBURG Klaudia | 5.53 | 5.30 | 4.32 | | | |
| | +0.6 | +0.1 | +1.5 | | | |

Rzut oszczepem K (7bój)

13:40

| | | | | | | |
|------------------------|----------|---------------------------|----|-------|----|-----|
| 1 SUŁEK Adrianna | 99-04-03 | CWZS Zawisza Bydgoszcz SL | KP | 41.70 | PB | 700 |
| 2 LIGARSKA Paulina | 96-04-09 | SKLA Sopot | PM | 40.67 | | 680 |
| 3 MIKOŁAJCZYK Izabela | 90-09-04 | KS Warszawianka W-wa | MZ | 37.72 | | 624 |
| 4 ZEZUŁA Wiktoria | 96-03-21 | CWZS Zawisza Bydgoszcz SL | KP | 32.58 | | 526 |
| 5 SATUŁA Małgorzata | 97-11-13 | AZS-AWF Warszawa | MZ | 32.51 | | 524 |
| 6 STYPUŁKOWSKA Monika | 97-10-01 | KS AZS-AWF Biała Podlaska | LU | 32.48 | | 524 |
| 7 SKÓRZEWSKA Patrycja | 96-06-15 | KS AZS AWF Wrocław | DS | 31.40 | SB | 503 |
| 8 TRZASKALSKA Agata | 99-03-31 | PLKS Gwda Piła | WP | 29.04 | PB | 458 |
| 9 KULESZA Kalina | 99-07-04 | UKS LA Basket Warszawa | MZ | 26.29 | PB | 407 |
| 10 KOSTRZEWSKA Barbara | 98-03-27 | UKS LA Basket Warszawa | MZ | 24.97 | SB | 382 |

| | | | | | | |
|---------------------|-------|-------|-------|--|--|--|
| | I | II | III | | | |
| SUŁEK Adrianna | 39.12 | 41.70 | x | | | |
| LIGARSKA Paulina | 39.29 | 40.67 | 40.34 | | | |
| MIKOŁAJCZYK Izabela | 32.64 | 34.90 | 37.72 | | | |
| ZEZUŁA Wiktoria | 32.58 | 31.89 | 31.40 | | | |
| SATUŁA Małgorzata | 32.34 | x | 32.51 | | | |
| STYPUŁKOWSKA Monika | 28.37 | 30.42 | 32.48 | | | |
| SKÓRZEWSKA Patrycja | 29.56 | 31.40 | 28.37 | | | |
| TRZASKALSKA Agata | 29.04 | x | 23.51 | | | |
| KULESZA Kalina | 23.40 | 25.04 | 26.29 | | | |
| KOSTRZEWSKA Barbara | 24.97 | 24.91 | x | | | |

Rzut oszczepem K U20 (7bój)

12:57

| | | | | | | |
|-----------------------|----------|---------------------------|----|-------|----|-----|
| 1 LEWANDOWSKA Martyna | 00-10-26 | MLKL Płock | MZ | 39.75 | PB | 662 |
| 2 SŁOCKA Julia | 01-02-18 | AZS-AWF Warszawa | MZ | 39.54 | | 658 |
| 3 BIELSKA Edyta | 01-06-17 | MLUKS Mokasyn Płoty | ZP | 37.51 | PB | 620 |
| 4 CHAŁUPKA Milena | 00-11-14 | KS Warszawianka W-wa | MZ | 37.50 | PB | 619 |
| 5 SZKOP Wioletta | 01-02-18 | CKS Budowlani Częstochowa | SL | 31.53 | | 506 |
| 6 DELEJOWSKA Wiktoria | 01-03-12 | WLKS Wrocław | DS | 30.59 | PB | 488 |
| 7 DELUGA Jagoda | 01-01-12 | MKL Maraton Świnoujście | ZP | 29.64 | PB | 470 |
| 8 STEĆ Patrycja | 01-03-22 | UKS Gimpas Paszék | WN | 28.11 | | 441 |
| 9 HOROWSKA Nikola | 01-01-03 | WMLKS Nadodrze Powodowo | WP | 27.40 | PB | 427 |

| | | | | | | | |
|----|-----------------------------|----------|-------------------------------|-------|-------------------|----|-----|
| 10 | TOMASZEWSKA Aleksandra | 01-08-03 | LKS Górnik Wałbrzych | DS | 26.76 | PB | 415 |
| 11 | CZERNIAK Wiktoria | 00-01-14 | WMLKS Nadodrze Powodowo | WP | 26.02 | PB | 401 |
| 12 | KAROLCZUK Paulina | 01-08-01 | UKS Czwórka Białystok | PD | 25.34 | | 389 |
| 13 | BARDEL Martyna | 01-01-22 | MLKS Agros Żary | LB | 24.96 | | 382 |
| 14 | LACH Aleksandra | 00-09-12 | AZS KU Politechniki Opolskiej | OP | 24.61 | SB | 375 |
| 15 | BUDNER Marta | 01-05-17 | MKLA Łęczycza | LD | 19.82 | | 286 |
| | BANASIAK Julia | 00-06-02 | WLKS Wrocław | DS | NM | | |
| | | I | II | III | | | |
| | LEWANDOWSKA Martyna | 33.16 | 39.75 | 38.72 | | | |
| | SŁOCKA Julia | 36.39 | 39.54 | x | | | |
| | BIELSKA Edyta | 36.55 | 37.51 | 35.13 | | | |
| | CHAŁUPKA Milena | 35.25 | 37.50 | 35.73 | | | |
| | SZKOP Wioletta | 31.53 | 28.93 | x | | | |
| | DELEJOWSKA Wiktoria | 29.20 | 30.55 | 28.53 | | | |
| | DELUGA Jagoda | 25.07 | 27.79 | 29.64 | | | |
| | STEC Patrycja | 28.11 | x | x | | | |
| | HOROWSKA Nikola | 27.22 | 27.37 | 27.40 | | | |
| | TOMASZEWSKA Aleksandra | 24.95 | 26.76 | 24.57 | | | |
| | CZERNIAK Wiktoria | 26.02 | 20.73 | 24.84 | | | |
| | KAROLCZUK Paulina | 25.34 | 24.31 | 23.62 | | | |
| | BARDEL Martyna | 24.73 | 24.96 | 24.78 | | | |
| | LACH Aleksandra | 24.61 | 21.78 | 23.80 | | | |
| | BUDNER Marta | x | x | 19.82 | | | |
| | BANASIAK Julia | x | x | x | | | |
| | Rzut oszczepem K U18 (7bój) | | | | | | |
| | | | | | 12:57 | | |
| | 1 KRONBURG Klaudia | 02-04-11 | MULKS Juwenia Głuchołazy | OP | 29.09 | PB | 459 |
| | | I | II | III | | | |
| | KRONBURG Klaudia | 29.09 | 28.00 | 27.68 | | | |
| | 800 m K (7bój) | | | | | | |
| | Bieg 1/ 1 | | | | 16:50 | | |
| | 1 SUŁEK Adrianna | 99-04-03 | CWZS Zawisza Bydgoszcz SL | KP | 2:15.20 | | 890 |
| | 2 ZEZULA Wiktoria | 96-03-21 | CWZS Zawisza Bydgoszcz SL | KP | 2:18.70 | | 841 |
| | 3 LIGARSKA Paulina | 96-04-09 | SKLA Sopot | PM | 2:19.25 | SB | 834 |
| | 4 KOSTRZEWSKA Barbara | 98-03-27 | UKS LA Basket Warszawa | MZ | 2:28.84 | | 707 |
| | 5 SKÓRZEWSKA Patrycja | 96-06-15 | KS AZS AWF Wrocław | DS | 2:29.91 | | 694 |
| | 6 KULESZA Kalina | 99-07-04 | UKS LA Basket Warszawa | MZ | 2:34.88 | SB | 633 |
| | 7 SATUŁA Małgorzata | 97-11-13 | AZS-AWF Warszawa | MZ | 2:38.73 | | 588 |
| | 8 TRZASKALSKA Agata | 99-03-31 | PLKS Gwda Piła | WP | 2:40.85 | PB | 563 |
| | 9 STYPUŁKOWSKA Monika | 97-10-01 | KS AZS-AWF Biała Podlaska | LU | 2:41.85 | | 552 |
| | MIKOŁAJCZYK Izabela | 90-09-04 | KS Warszawianka W-wa | MZ | DNF | | |
| | Międzyczasy | | | | | | |
| | 400m 95 Adrianna SUŁEK | | | | 1:05.59 (1:05.59) | | |
| | 800 m K U20 (7bój) | | | | | | |
| | Bieg 1/ 2 | | | | 16:30 | | |
| | 1 DELUGA Jagoda | 01-01-12 | MKL Maraton Świnoujście | ZP | 2:31.21 | SB | 678 |

2 LACH Aleksandra
3 BARDEL Martyna
4 DELEJOWSKA Wiktoria
5 BUDNER Marta
6 CZERNIAK Wiktoria
7 KAROLCZUK Paulina
8 BANASIAK Julia

00-09-12 AZS KU Politechniki Opolskiej
01-01-22 MLKS Agros Żary
01-03-12 WLKS Wrocław
01-05-17 MKLA Łęczycza
00-01-14 WMLKS Nadodrże Powodowo
01-08-01 UKS Czwórka Białystok
00-06-02 WLKS Wrocław

| | | | |
|----|---------|-------|-----|
| OP | 2:31.27 | SB | 677 |
| LB | 2:34.97 | | 632 |
| DS | 2:37.40 | SB | 603 |
| LD | 2:37.76 | PB YC | 599 |
| WP | 2:38.22 | SB | 593 |
| PD | 2:59.27 | | 372 |
| DS | 3:10.01 | | 278 |

Międzyczasy

400m 71 Wiktoria DELEJOWSKA 1:13.50 (1:13.50)

Bieg 2/2

16:38

1 CHAŁUPKA Milena
2 BIELSKA Edyta
3 HOROWSKA Nikola
4 SŁOCKA Julia
5 TOMASZEWSKA Aleksandra
6 LEWANDOWSKA Martyna
7 STEĆ Patrycja
8 SZKOP Wioletta

00-11-14 KS Warszawianka W-wa
01-06-17 MLUKS Mokasyn Płoty
01-01-03 WMLKS Nadodrże Powodowo
01-02-18 AZS-AWF Warszawa
01-08-03 LKS Górnik Wałbrzych
00-10-26 MLKL Płock
01-03-22 UKS Gimpas Pasłęk
01-02-18 CKS Budowlani Częstochowa

| | | | |
|----|---------|----|-----|
| MZ | 2:16.21 | SB | 876 |
| ZP | 2:20.53 | PB | 816 |
| WP | 2:23.80 | PB | 773 |
| MZ | 2:30.43 | SB | 687 |
| DS | 2:36.41 | SB | 615 |
| MZ | 2:40.59 | PB | 566 |
| WN | 2:41.09 | | 560 |
| SL | 2:41.11 | | 560 |

Międzyczasy

400m 239 Milena CHAŁUPKA 1:07.11 (1:07.11)

800 m K U18 (7bój)

Bieg 1/1

16:38

1 KRONBURG Klaudia

02-04-11 MULKS Juvenia Głuchoźazy

| | | | |
|----|---------|----|-----|
| OP | 2:30.05 | PB | 692 |
|----|---------|----|-----|

Międzyczasy

400m